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Food, Page 1C

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# Granite City Journal

SUBURBAN JOURNALS - #1 IN WEEKDAY READERSHIP WITH OVER 1.4 MILLION READERS

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VOLUME 20, NUMBER 30

WEDNESDAY, APRIL 17, 1996

FIFTY CENTS



(Staff photo JOHN FRESE)

Students at Harris School are keeping a chart of the different types of books they have read in their quest to improve reading skills. They are standing in front of the actual books arranged as a chart.

## School celebrates reading

By Scott Cousins  
Staff writer

Reading is important.

In fact, students at Harris Elementary School in Madison say reading helps your eyes and brain, and the right stories teach good lessons — like don't mess with witches and goblins and "stuff like that."

As part of the school's promotion of the Young Author's Conference, fourth-grade teachers Rebecca Sedabres and Barbara Vrabec kept busy last week. Eight Harris

students are participating in the conference Saturday at Southern Illinois University at Edwardsville.

Activities at the school ranged from silent reading to an appearance Friday by the March Hare from Lewis Carroll's "Alice in Wonderland" — Sedabres in a bunny suit and pocket watch.

On Tuesday, students lined their favorite books up on the playground outside the school in a graph, showing how many and what kind of books they have read.

(See READING, Page 7A)

## 51 years later, details revealed

# Woman learns how brother died in war

By Bob Slate  
Staff writer

Libraries change lives.

The slogan of National Library Week, April 14-20, got some new proof with recent discoveries of Edna Cook of Pontoon Beach. Cook, 83, received letters earlier this month from two men who had served in World War II with her brother, John Allen Roberts Jr.

Roberts, who had lived all his life in Granite City prior to the war, was killed in action in Italy on Oct. 29, 1944. He was 20 years old.

The two men who served in "C" Company, 133rd Infantry, 34th Division with Roberts — Leighton McKeithen of Fayetteville, N.C., and Dr. James Ruff of Quilcena, Wash. — tracked Cook down by writing to the Granite City Public Library requesting records.

"This all came as such a surprise," Cook said last week. "It kind of tore me up again to find all this out."

But, she added, it was good to hear from men who served alongside her brother in defense of the country.

Ruff, who served in a different platoon than Roberts, wrote that Roberts was one of 29 men in his 30-man platoon to be killed during a German Tiger tank attack. He came to the conclusion after reading a clip from the *Granite City Press-Record*, sent by the local library, giving the date of Roberts' death.

"Up until I received the clip, there was no name for any of the 29 men (killed)," Ruff wrote. "All Army records were lost in a fire in the 1940s."

The only survivor of the attack was never



(Staff photo by JOHN FRESE)

Edna Cook of Pontoon Beach holds a picture of her brother, John Allen Roberts Jr., who was killed in action during World War II.

located after the war, Ruff said.

(See WAR, Page 2A)

## Dreams come true for siblings

By George Winkler  
Staff writer

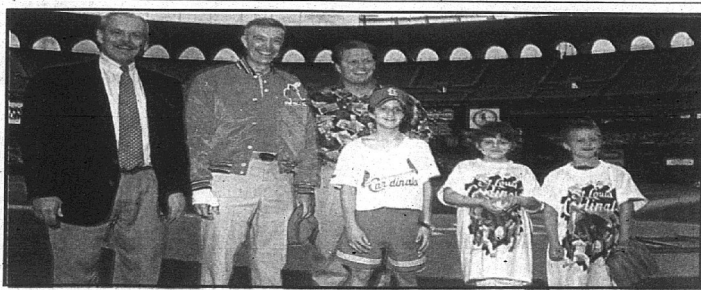
Two years ago, when 6-year-old Codie Sitze of Hillsboro got his first chance to prance out onto the artificial turf during a baseball clinic at Busch Stadium, his sister, Jennilee, was "stuck" at Grandma's house doing something like baking cookies.

While Codie experienced the thrill of pitching, hitting and throwing on a field that has seen the likes of Lou Brock and Ozzie Smith play on it, Jennilee was left to wonder what it would have been like if she had had the chance to step into the limelight with her brother.

Well, much has changed in the two years since Codie got to be a Cardinal for a day, but lucky for him and Jennilee, baseball prides itself on keeping traditions alive.

On Friday evening, 8-year-old Jennilee Sitze

(See DREAMS, Page 2A)



(Staff photo by RICK GRAFF)

At home plate for ceremonies on Suburban Journals Night at the ballpark are, from left, Thomas E. Rice, president and CEO of the Journals; Roy Heimburger, chairman and CEO of Alliance Blue Cross/Blue Shield; Mark Lamping, president of the St. Louis Cardinals; Jack Michelson; Jennilee Sitze; and Codie Sitze.

## Heating bill money OK'd

Low-income residents will be getting some

helped help with their winter heating bills. Cheryl Jouett, coordinator of the Madison County Community Development program, said Friday that President Bill Clinton will release an additional \$10.4 million in emergency funding to Illinois for heating assistance.

Jouett said the agency has a waiting list of about 1,400 households eligible for about \$403,000 in assistance that went unfunded because of federal budget cutbacks.

"I'm hoping that it will be enough," she said. Jouett said the pending applications are for energy costs already incurred and that reimbursements would show up as credits on residents' utility bills.

Madison County earlier received nearly \$700,000 in Low-Income Heat and Energy Assistance funds and provided help to about 2,600 households.

Jouett said she was told that \$1.5 million of the emergency funding would be set aside for

(See HELP, Page 7A)

## In the Journal

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**5 FULLER'S FORECAST**

John Fuller, Chief Meteorologist, KSDK-NewsChannel 5

WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
71 52	76 57	78 69	67 49

## Petition seeks later bus hours

More than 200 area residents are calling on the Madison County Transit District to extend bus service on weekday evenings and on weekends.

Nearly 210 residents have signed a petition circulated by Alton resident Leonia Smith.

"It seems that we are being held prisoners," Smith said in a letter that accompanied the petition. "Some people cannot afford a car and the bus is their only means of transportation."

Smith wants buses to run on Sundays and be extended beyond 5:30 p.m. until at least 9 p.m. on weekdays.

She said she has ridden buses to take classes at Southern Illinois University at Edwardsville. (See PETITIONS, Page 2A)

## March of Dimes Health Points

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## Tax assessments to be published

Property tax assessments for 1995 in Granite City, Nameoki, Choutau, and Venice townships will appear in the *Press-Record* on Thursday, April 18.

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# LOCAL NEWS

## •Dreams

(Continued from Page 1A)  
was standing next to her brother in the Cardinals' administrative offices, about 45 minutes away from realizing her dream and celebrating her brother's eighth birthday.

Jennilee, who had won a Journal contest to throw out the ceremonial first pitch before the game between St. Louis and the Philadelphia Phillies on Monday Night with the Cardinals and Alliance Blue Cross/Blue Shield, chose Codie to be the catcher.

Jennilee could think of no better birthday present to give her brother. Surrounded by their mother and stepfather, Rhonda and Ken Mustion, and their stepister, Heather Gerdtitz, Codie and Jennilee were raring to head out of the offices and to the field when the time finally came.

Codie had his Spiderman sneakers laced tight and wore a Ken Griffey Jr. autographed mitt on his left hand. Jennilee had her hair tied back in a ponytail, and a smile stretched her pale cheeks. Perhaps she was a bit nervous because she said she didn't know any of the players' names.

When asked if he was nervous, Codie said, "No, not really. I just want to catch the ball."

Codie took his position behind home plate, and rookie Jennilee rode all the way to the fringe of the grass in front of the pitching mound. She wound up and uncorked a pitch that dipped into the dirt, grazed the webbing of Codie's glove and trickled behind and to the right of home plate.

The wild pitch turned out to be a blessing in disguise. When Codie went to retrieve the ball, Cardinals backup catcher Danny Sheaffer was waiting for him. Sheaffer put Codie with a hand-shake before he rolled the ball down into Codie's mitt. This stunned Codie just long enough for Jennilee to swoop in and wrestle the ball from his mitt. Then, the two of them ran away from home plate laughing hysterically.

The boys and girls of baseball are the focus of a season-long series of promotions under the "Cardinals Club" banner that are jointly sponsored by the Suburban Journals, St. Louis Cardinals and Alliance Blue Cross/Blue Shield.

Each week, a local high school sports star will be featured as athlete of the week. A Cardinals Club banquet will be held each year to honor the local athletes. In addition, there will be a weekly youth sports squad selected as the Cardinals Club Team of the Week.

Sports Replay is a program where used sports equipment can be donated by the public to be used by children who otherwise may not have any. Sports Replay barrels currently are located in all Shop 'n Save stores.

Several monthly Cardinals Club features are planned, including profiles of Cardinals' players, full-color pull-out posters and children's mini-pages.

In August, the dream of the local baseball talent will be featured in an all-star game of players from the St. Louis Amateur Baseball Association. The Aug. 11 game will be played following the 15 p.m. contest between the Cardinals and the San Francisco Giants.

Many people, she said, can't get to the grocery store except by bus.

Jerry Kane, the district's managing director, said petitions are received only rarely, but "we got these kinds of requests all the time for improved services in certain areas and specific situations."

Kane said the petition and other requests for added service will be taken into account during preparation of a long-term transportation plan for the county, now under way.

Bucher, Willis & Ratliff, a Kansas City-based consulting firm, has undertaken a year-long study that will help shape county transportation policy for the next two decades.

He said the district will also consider running buses more often than the present one-hour intervals.

"There are areas in Alton and the Tri-Cities that need more frequent service because of the number of riders that use the buses at a given time of day," he said.

Kane said adding Sunday service would be significantly more costly than adding services on other days of the week because the district now has no Sunday operations.

— From The Telegraph

## Police seeking bank robber Bank in Alton is robbed of undisclosed amount

Alton Police are searching for a lone thief who stole into the BANK of Edwardsville early Thursday afternoon and robbed it of an undisclosed amount of money.

According to Alton Police Maj. David Hayes, a stocky man wearing sunglasses and a baseball cap held up the bank solidly 1:30 p.m. The robber had waited for a customer to leave the bank at 333 Ridge St. before presenting a teller with a sack-up note.

The man said he had a gun but did not display a weapon, Hayes said.

The robber put a plastic grocery bag on the counter in front of the teller, Hayes said. The teller put money in the bag and the man fled the bank, running east across Ridge Street and down an alley, Hayes said.

Witnesses told police he may have escaped in a dark blue two-door Chevrolet Blazer or Ford Bronco that was

parked in a lot behind a tavern in the 700 block of East Broadway. Hayes said the vehicle was a small sport-utility vehicle, but not a pickup truck.

It is unknown what state license was on the vehicle.

No one was injured in the robbery, police said. Four staff members were working at the bank and there were no customers on the premises during the robbery, Hayes said.

He declined to reveal how much money was taken.

Rich Watson, Bank of Edwardsville senior vice president of operations, said he was relieved to report that "everyone is fine." The bank staff was "following normal procedures when something like this happens," he said.

The bank had closed for the remainder of the afternoon, Watson said.

Believing the man may have headed toward East Alton, police there were

stopping vehicles that matched an earlier description of the robber's vehicle, a witness said.

Hayes described the robber as dark-haired with a stocky build and a mustache. The man wore black sunglasses with dark lenses, a cap with its bill pulled down, white tennis shoes, blue jeans and a thin, dark-colored jacket.

In the minutes following the robbery, police officers, detectives and FBI agents scoured the bank and surrounding neighborhood for clues.

Hayes said the investigation will be a joint effort between Alton police and federal agents.

Anyone with information on the case is asked to call Alton police at 463-3505, the department's anonymous tip line, 465-5949, or the FBI office in Alton at 465-1024.

— From The Telegraph

## Letter, decorations are part of grave vandal's sentence

The hands that helped desecrate a woman's grave in 1994 will decorate her resting place on holidays.

Michael Marco of Edwardsville has been spared a prison sentence for his role in the Dec. 4, 1994, vandalism of a grave at St. James Cemetery.

Instead, the 19-year-old was ordered by a judge Thursday to write the woman's family a letter of apology, decorate her grave on Christmas and Memorial Day and serve 52 weekends in the Madison County Jail.

Marco, who gave an address in the 100 block of Brown Street, is the third defendant to be sentenced in the case. Leonard Hill, 20, of Worden was sentenced to two years in prison and Robert Stover, 20, also of Worden, was sentenced to boot camp for four months for their roles.

Madison County Associate Judge Larry Keshner told Marco he could not justify sentencing him to prison because Marco apparently had second thoughts about breaking into the woman's vault.

"The act was so vile and disgusting, words cannot characterize the contempt I have for what you did," Keshner said. "The victims in this case were totally defenseless. They had no

way to protect themselves. In view of your retreating from the crime scene and convincing your cohorts to do likewise, I'm in a position to treat you a little differently."

Marco reportedly left the cemetery when his friends attempted to exhume the grave. The three were accused of digging four feet into the ground to uncover the grave's vault. The vault was broken when a large gravestone was toppled. The casket was damaged but the woman's remains were untouched.

Keshner said Marco had considered apologizing to the woman's family, but was advised by his attorney to hold off until he was sentenced.

Marco pleaded guilty to a criminal property damage charge in August. A farmer discovered the violated grave and 23 toppled gravestones in the cemetery on Illinois Route 159 in Fort Russell Township.

Marco was placed on 30 months' probation and ordered to spend weekends in the County Jail for one year, write the letter of apology, decorate the grave for two years, reimburse the woman's family \$1,000 for the damages and participate in alcohol and drug evaluations.

Keshner ordered Marco to send him a copy of his apology so he can review it.

## •War

(Continued from Page 1A)

Roberts was "a joy to be around. He was a clean-living young man — used no profanity, loved home and family, and we were very close friends," McKelthen wrote.

McKelthen fought side-by-side with Roberts — whom he knew only by his nickname "Whitey" — in May and June of 1944. McKelthen said he was pleased that Roberts had been wounded in combat — not mortally — because he thought at the time that Roberts might be sent home.

But Roberts quickly returned to the second platoon.

"I remember regretting so strongly that he had come back up front, for I had seen it happen too many times that once a fellow was wounded and had a chance to stay off a few days or a few weeks or a few months, so often he was killed on the second try," McKelthen wrote.

Two men served together for a couple of more weeks before McKelthen was transferred out of the second platoon.

"Well, as fate would have it, some time in late October... as the rainy season and the cold days were upon us, we were fighting in the mountains north of Bologna, Italy," McKelthen wrote.

"The Nazi tanks were shelling us rather badly, so, in order to get some temporary shelter, the second platoon ran into an old stone farmhouse and went into the basement, a Tiger tank of the Nazis (I use the term 'Nazi' rather than 'German' because the German soldiers were just as human and humanitarian as we were, and there are many fine Germans today, but it was the Nazi machine — the brutal German soldiers who believed in Hitler and his gang — that kept up the cruel acts of war).

Codie said she was glad to find out about her brother's fate after all these years.

"We didn't know any of this until just now," she said. "It's just like last Monday before we could read this."

## BAC program seeks aides

Belleville Area College's Senior Aides Program is looking for people to hire in Madison County. The Title V program employs persons 55 years of age and over who are in the low-income bracket.

The senior aides work 20 hours per week for five days a week. The pay is \$4.25 per hour with some health care paid by the program. Eight holidays are given each year, plus an accumulated paid leave time of two weeks at the end of each work year. Senior aides are placed in not-for-profit agencies in a variety of positions ranging from secretarial to custodial.

Jane Stucke, Madison County coordinator, said the program is in need of two persons with light typing skills and one person for light maintenance work.

Stucke can be contacted at 931-7015 or 931-7041 between 8 a.m. and noon Monday through Thursday.

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## Spaghetti dinner Sunday

A spaghetti dinner, sponsored by the Trails West Council Boy Scouts of America, Religious Relationship Committee, will be held from 11 a.m. to 3 p.m. Sunday at the Granite City Township Hall.

The prices are \$4.50 for adults and \$3 for children 12 years of age and younger.

## Rabies clinic set for Saturday

Dr. Timothy Holt and the staff of Bellemeor Animal Hospital have scheduled a rabies clinic from 1 to 3:30 p.m. Saturday, April 20, at the Humane Shelter, located on Route 3 in Granite City.

Vaccinations will be available for both dogs and cats. Prices for dogs are \$9 for rabies shot, \$8 for distemper, \$8 for parvovirus and \$5 for coronavirus. Prices for cats are \$9 for rabies, \$8 for distemper, \$5 for upper respirator and \$10 for leukemia.

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Published twice weekly by Suburban Newspapers of Greater St. Louis, Inc.  
General manager **Larry Johnson**  
Advertising manager **Douglas Garbs**  
Executive managing editor **Scott Queen**  
City editor **Bob Slate**  
Sports editor **Tony Panozzo**  
Suburban Newspapers of Greater St. Louis  
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## Belcoff also honored

# AMVETS post presents new flags to Madison

By Scott Cousins  
Staff writer

The city of Madison received new flags for Madison Avenue, and Mayor John Belcoff received an award for service on the Southwestern Illinois Municipal and Regional Planning Commission during presentations at last week's council meeting.

At the start of the meeting, AMVETS Post 204 gave the city flags and poles to replace those on Madison Avenue.

After the presentation, Tom Wobbe, executive director of SIMAPC, gave the council a new set of city maps, then told Belcoff he was receiving a Distinguished Service Award from the organization.

Belcoff has been a member of SIMAPC since June 1987, and was elected to the commission's executive committee from 1971 to 1980, 1985 to 1988 and from 1994 to 1995. He was also president of the commission in 1972 and 1977.

Belcoff said the presentation was a complete surprise and left him "speechless."

In other business the council received a bid

of \$2,850 from AJB Earth Sciences of Collinsville to perform testing for asbestos contamination in the interior of the new city hall building. The company would also perform exterior tests for petroleum contamination because a service station had been located next to the property at 615 Madison Ave.

The council voted to allow the Finance Committee to talk to Magma Bank about the cost of the testing.

The council also approved allowing the city to deal with other banks on the financing of the building's renovation, expected to cost up to \$400,000.

In a related matter, a bid of \$28,800 was accepted from Ryan Roofing for the repair of the building's roof.

Alderman Norris Horton, a strong opponent of moving city hall, voted against accepting the bid.

He also voted against paying \$4,725 to Environments Architect Planners for design work on making the new city hall handicapped accessible. The amount is the first installment of a total cost of \$14,275 for design work by the company.



(Staff photo by JOHN FRESE)

**Jubilee** — Brenda Whittaker, Charlie King, Cindy Sadler, Rosemarie Brown, Elmer Stille, R.C. Bush and Mel Wilmsmeyer with some of the merchandise commemorating the Granite City Centennial and the Park District's Diamond Jubilee. The items may be purchased at the Centennial Office in Belmore Shopping Center. Sweatshirts are \$16, golf shirts are \$19, tees \$9, caps \$10 and golf towels \$6. Proceeds go to support the centennial and park district events.

## Drug prevention conference Thursday

By Ron Wisdom  
Staff writer

In an attempt to promote healthy lifestyles, the Illinois Network To Organize the Understanding of Community Life (InTouch) will be holding its 10th Annual Alcohol, Tobacco and Other Drug Prevention Conference.

The event will be held on Thursday, April 18, from 8:45 a.m. to 1:35 p.m. at the Gateway Center in Collinsville. The conference is for area students in grades 6-12 and pre-registration is required. Registration will be taken until Wednesday.

The conference will be opened with a keynote presentation entitled, "Natural Highs."

Students will then have the opportunity to attend a variety of break-out sessions.

Some of the topics that will be covered in the sessions include dating relationships, depression/teen suicide, the hidden consequences of alcohol and drug use; and smoking/smokeless tobacco hazards.

"Drug prevention is our biggest issue," said L. Michelle Lewis, InTouch specialist.

"But there will also be discussions on a variety of topics and issues that tie in to this problem."

In addition to the discussion sessions, there will be performances of drama skits by the Belleville East Life Savers, the East St. Louis Senior High School Honors Seminar and members of the Belleville Teen Center High School Board of Directors.

## Madison schedules registration for full-day kindergarten

Madison Community Unit School District 12 will offer full-day kindergarten for all children, beginning with the 1996-97 school year. To help with planning, all parents and guardians are asked to register their children.

Children who will be 5 years of age by Sept. 1, 1996, will be eligible to register for kindergarten classes, according to school officials.

To register a child for kindergarten, the parent or guardian must present the child's birth certificate or some other legal proof of birth, a copy of the child's immunization record and their Social Security number.

School officials said registration will be held May 1, 2 and 3 at the appropriate elementary attendance center.

During this time, various components of your child's development will be assessed. Call the school the week of April 22 to make an appointment.

The kindergarten registration schedule is as follows:

Blair School, 876-4818, Bernard Long, principal, 1 to 7 p.m. Wednesday, May 1.

Harris School, 877-6864, Dave Becherer, principal, 1 to 7 p.m. Thursday, May 2, and 1 to 4 p.m. Friday, May 3.

## Grant to help relieve drainage woes

WOOD RIVER — An unexpected \$100,000 grant will help relieve drainage problems that have plagued a neighborhood for years.

The Madison County Board's Grants Committee decided Friday to pay for the project with 1995 federal Community Development Block Grant money that had been allocated to the village of Pierron.

The money became available when Pierron dropped plans to join a new water district.

"We are extremely happy," Wood River City Manager Joey Tolbert said. "We will be expediting in putting together the actual project and get it bid as soon as possible."

The project will include new surfacing and gutters along Elble Avenue between State Street and Old St. Louis Road and along a

short section of Murray Street.

Drainage is poor in the area and rainstorms create ponding on the streets and in yards.

"(The project) will control runoff in a more efficient manner," Tolbert said. "It's a problem that has existed a long time, and the grant was the last source for funding."

Wood River had asked for grant money last year but lost out.

Public Works Director Tim Palermo said preliminary engineering is done and the project could be completed this year.

"I'd almost forgotten about it because we didn't have the money. There's no way the city could have done it. We had to cut the budget \$1.3 million this year."

From the Alton Telegraph

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## Obituaries

## Philip Wills

Philip H. Wills, 42, of Pontoon  
Beach died suddenly at 9 a.m. Mon-  
day, April 15, 1996, at St. Mary's Hospi-  
tal in Centralia. He was born Dec.  
12, 1953, in Granite City and had been a  
lifelong resident of Pontoon Beach.  
Mr. Wills was of the Protestant  
faith.Survivors include his mother, Dor-  
othy L. (Ellis) Wills of Pontoon Beach;  
two brothers, Carroll David Wills of  
Millersville, Mo., and Martin Ellis Wills  
of Granite City; and one sister, Char-  
lotte Wills of Granite City.He was preceded in death by his  
father, William F. Wills; and one sis-  
ter, Nancy Wills.  
Services are at 11 a.m. today,  
Wednesday, at Werner Chapel for  
Funerals, 3039 Lake Drive in Pontoon  
Beach, with the Rev. Mike Smith offi-  
ciating. Burial will be in Lake View  
Memorial Gardens in Fairview  
Heights.

## Pearl Keck

Pearl L. (Wilson) Keck, 67, of Gran-  
ite City died at 11:50 p.m. Friday, April  
12, 1996, at her residence, following a  
two-month illness. She was born Nov.  
2, 1928, in Granite City, where she  
had been a lifelong resident.A cashier with Bill Burn's Cafeteria  
in Granite City, she was a member of  
First United Pentecostal Church in  
Granite City.Survivors include one son, Randy  
Keck of Granite City, one daughter,  
Sandra Papp of Granite City; five  
brothers, Leonard, Herman, David, Jer-ry and Lloyd Wilson, all of Granite  
City; one sister, Roberta Coy of Gran-  
ite City; five grandchildren; and two  
great-grandchildren.She was preceded in death by her  
husband, Adolph Keck, who died Jan.  
12, 1985; her parents, Dr. Phua G. Wil-  
son, who died in 1941, and Danie H.  
(McIntosh) Wilson, who died Nov. 2,  
1982; one brother,  
Richard Wilson;  
and two sisters,  
Shirley Martin and  
Virginia Hirtz.Services were Tuesday at First  
United Pentecostal Church in  
Granite City with the Rev. Kenneth  
Reeves officiating.Burial was in St. John Cemetery in  
Granite City. Arrangements were han-  
dled by Irwin Chapel in Granite City.Memorials are requested for First  
United Pentecostal Church or the  
Family Hospice of the Belleville Area.

## Floyd Rabey

Floyd "Robey" Rabey, 69, of Gran-  
ite City, formerly of Wolf Lake, Ill.,  
died at 11:48 p.m. Sunday, April 14,  
1996, in the emergency room at St.  
Elizabeth Medical Center, following a  
five-year illness. He was born May 24,  
1926, in Granite City, where he had  
been a resident for 50 years.A millwright with Granite City Steel  
for 41 years prior to his retirement in  
1987, he was of the Protestant faith.  
He was a member of the United SteelWorkers of America Local 16.  
Mr. Rabey served in the United  
States Army in Europe during World  
War II. He was awarded the Bronze  
Star. He was also a military guard to  
General William Simpson of the 9th  
Army.Survivors include his wife, Dolores  
R. Rabey; and one son, Keith Rabey of  
Granite City.He was preceded in death by his  
parents, Manuel and Winnie (Nation)  
Rabey.Services are at 10 a.m. today,  
Wednesday, at Davis Funeral Home,  
21st Street and Cleveland Boulevard in  
Granite City, with the Rev. Bruce  
Bushing officiating. Burial will be in  
Sunset Hill Memorial Estates in Glen  
Carbon.Memorials are requested for Nidre-  
ghaus United Methodist Church in  
Granite City.

## Georgia Butler

Georgia M. (Farley) Butler, 97, of  
Granite City died at 3 a.m. Sunday,  
April 14, 1996, at St. Elizabeth Medical  
Center. She was born Aug. 9, 1898, in  
New Richmond, Ind., and had been a  
resident of Granite City for 90 years.Mrs. Butler was a member of St.  
Bartholomew's Episcopal Church in  
Granite City, where she was past  
president of the Women's Guild;  
Anchor and Armoire; where she was  
past president; American Association  
of Senior Citizens; and the Pinocchio Club  
at Namooki Recreation Center.The first woman employed at Gran-  
ite City Steel, she worked in the office  
in the early 1900s.Survivors include two sons, Robert  
G. Butler of Granite City and Garvin A.  
Butler Jr. of Maryville; two daughters,  
Helen Harris and Betty Spear, both of  
Granite City; eight grandchildren; 31  
great-grandchildren; and four great-  
great-grandchildren.She was preceded in death by her  
husband, Garvin A. Butler Sr., whom  
she married in October 1920, and who  
died in February 1972; her parents, Mr.  
and Mrs. Farley; and two grandchil-  
dren.Services were Tuesday at St. Bar-  
tholomew's Episcopal Church in Gran-  
ite City with the Rev. William Davis  
officiating. Burial was in St. John  
Cemetery, Namooki Road in Granite  
City. Arrangements were handled by  
Irwin Chapel in Granite City.Memorials are requested for St. Bar-  
tholomew's Episcopal Church.

## Doris Stevens

Doris M. Stevens, 69, of Sun City,  
Ariz., formerly of Venice and Batavia,  
Ill., died Tuesday, March 26, 1996, in  
Sun City. She was born Aug. 15, 1926,  
in Venice and moved to Batavia in 1954.Employed with Furnas Electric  
Company for 14 years, before becom-  
ing a full-time homemaker, she retired  
to Sun City in 1984.Survivors include her husband, Bill  
Stevens Sr., whom she married July 9,  
1950; one son, Steven Stevens Jr., of  
Phoenix, Ariz.; two daughters, Beverly  
Gould of Batavia; an adopted son,  
Don Olson of West Chicago; one  
brother, Louis Lamban; and one sister,  
Zelma Nelson of Pontiac, Wis., and  
Vivian Koller of Madison; four grand-  
children; and one great-grandchild.She was preceded in death by her  
parents, George and Margaret Stevens;  
her brother, Eugene Stevens;  
and her sister, Evelyn Stevens.

(See OBITUARIES, Page 10A)

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# Video workshop set on parenting

By Barbara Ponder  
Staff writer

By focusing on their own conduct, parents can enrich their family life and watch their children's misbehavior transform into positive behavior.

Jerry Bronstein of the Parent Education Project said parents can learn specific ways of interacting with their children to enhance family life. These methods include reducing power struggles by learning to offer children choices, building children's self-esteem by "catching them being good" and encouraging appropriate conduct by learning to respond effectively to children's behavior.

The Parent Education Project and 24 area school districts are hosting Partners in Parenting, a series of free video-based workshops.

The workshops are being held from 10:30 a.m. to 12:30 p.m. on consecutive Saturdays through May 11 at school districts' facilities. They began April 13.

Each participating school district is providing trained leaders as workshop facilitators.

The workshops use video programs developed by

Michael H. Popkin, a nationally recognized expert in parenting. The video programs show families in real-life situations. These situations are analyzed, and solutions are presented.

The April 20 workshop is for parents of children ages 2

through 12 and focuses on "Becoming the Best Parent You Can Be."

Parents may attend as many of the workshops as they wish. No reservations are required, but registration is requested for planning purposes.

Partners in Parenting is

sponsored by KSDK-TV (Channel 5), radio station KTKY-FM (98.1), the Suburban Journals, Cardinal Glennon Children's Hospital and Roosevelt Bank. For more information or to register, call 534-5504.

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## Retired teachers to meet April 26

The annual spring meeting of the Madison County Illinois Retired Teachers Association will be a combined one featuring Units 1, 2 and 3 Friday, April 26, at the Moonlight Restaurant, 3400 Fosterburg Road, Alton. Registration will begin at 10:30 a.m. The meeting will follow at 11 a.m.

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## 'Tulip Time' trip still open

Reservations may still be made for the three-day trip sponsored by the Granite City Park District to Fella, Iowa, May 10-12 for the 61st Tulip Time Festival.

This quaint Dutch community goes all out with Dutch dancers, street scrubbing, Dutch marketplace, special baked goods, butcher shops and huge parades, among other activities.

The streets will be lined with tulips, and formal gardens are in bloom. Friday and Saturday will be spent in Fella, while Sunday will include a visit to one of the German colonies in Amana, Iowa, where a family-style meal will be served at the famous Ox Yoke Inn. Shopping time will be allowed there in the many stores, including the Woolen Mill and lace shops.

The cost of the trip is \$186 for a single room, \$161 per person for two to a room, \$143 per person for three to a room and \$133 per person for four to a room. This includes the bus, lodging and five meals.

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## POST-DISPATCH not at home in the suburbs

In St. Louis, a Flagship Is Forced to Play 2d Chair

BY IVER PETERSON

ST. LOUIS, March 28 — The editor of the St. Louis Post-Dispatch, William F. Woe, is one of the country's most prominent journalists. But when it came to getting his job, Mr. Woe was among the last to know.

Mr. Woe was in Europe on vacation late last month when the paper's publisher, Nicholas G. J. Dawson, told the newsroom staff that a new editor, yet unnamed, would be brought in. The decision capped the Pulitzer Publishing Company's efforts to revive a lagging flagship by imposing a process, the paper is losing its premiere news in a corporate family that includes nine thriving television stations in markets scattered from the Carolinas to the desert Southwest.

"I came home to find the broadcast media reporting that I had been fired, my minister was on the phone saying he was praying for me, my children were asking, 'Daddy, are you being fired?'" said Mr. Woe, who is 66 and has been editor for 19 years. "So there was a certain amount of personal distress — quite a bit, in point of fact — associated with the circumstance with which this thing happened."

The changes not only left Mr. Woe, a nationally respected editor and columnist, shaking with anger but also plunged the paper into turmoil, as the editorial staff of about 220 questioned everything from its management to its politics.

Mr. Pennington conceded the circumstances were not perfect.

"I would have to say that it was not the most elegant way to rugburn the news," Mr. Pennington said later.

But the publisher, who is also the corporate vice president for news, made it clear that the corporate line had gone. "What it could do to cut costs at the Post-Dispatch, including reducing the payroll by 300 jobs, most



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## The New York Times on The Post-Dispatch:

"There has been tremendous growth in the western suburbs around St. Louis and the paper hasn't followed them."

Michael A. Kupinski, Stock Analyst, A. G. Edwards, Inc. quoted in *The New York Times*, April 1, 1996

"Every survey we have seen shows that people think the Post-Dispatch is biased and elitist."

Kathleen Best, Washington Bureau, *The St. Louis Post-Dispatch* quoted in *The New York Times*, April 1, 1996

"Circulation at the Post-Dispatch...has declined on weekdays, from 382,000 in 1990 to 320,000 in 1995. Sunday circulation declined from 561,000 to 538,000 over the same period."

quoted in *The New York Times*, April 1, 1996

"There has been an extreme liberal bias at the paper...that in my view has limited its growth in the market."

Michael A. Kupinski, Stock Analyst, A. G. Edwards, Inc. quoted in *The New York Times*, April 1, 1996

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## •Help

(Continued from Page 1A)

weatherization assistance and \$1 million for help to households where utilities have been disconnected.

U.S. Sen. Carol Moseley-Braun said in a news release Friday that nearly 20,000 eligible Illinois households were denied assistance last year and about 50,000 eligible households will be denied help this year. The program helps about 6 million low-income households across the country.

"In our race to balance the budget, we must be mindful of the people behind the numbers," she said.

## •Reading

(Continued from Page 1A)

"Yesterday we had the kids out in the hall to read silently the books that they like," Sedabres said Tuesday. "Then we categorized the books and had them bring the books out."

Quinton Edwards, a fourth grader, said he thinks reading is "really important" and his favorite book is a collection of Grimm's Fairy Tales.

"They teach you a lesson," he said. "Not to mess around with witches and goblins and stuff like that."

He admitted those were not a major problem at school.

Sedabres said most of the children's choices were fictional.

"Those are their favorite books," she said. "Most kids really treasure a specific book, which they will read over and over again."

"They seem to really enjoy fictional books — more short stories than chapter books," Sedabres added.

"So this is to try to show them they are all writers and they are all winners, and how important books are," she said.

She said one type of fiction — scary stories — didn't do too well.

In fact, only one — one of the Goosebump Books series — was picked.

Besides showing how important reading is, she said, the graph will also make a useful math lesson.

"It's also a really good integrated math lesson because we can take it back in the classroom," she said. "We've written down how many books are

listed, so we'll probably do a math activity using graphs today."

Vrabec said the programs showed the children how important reading is.

"It makes them more aware of what they're reading," she said.

She also said this is the first year that Harris School has participated in the Young Author's Conference, and

school officials are hoping to make participation districtwide next year.

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A GIFT FROM FRANK'S NURSERY & CRAFTS

**FREE EVERGREEN TREES FOR THE KIDS!**  
Saturday, April 20 at Every Store!

One tree to each child 12 and under when accompanied by parent or guardian. No purchase necessary. While 100 per store last.

**Only 1.59**  
Beautiful Geraniums  
Season-long color!  
In 4-inch pot.  
Basket of 8 plants... Only 9.99

**Save 50%**  
Frank's #1 Grade Roses  
Great selection of the newest varieties & all-time favorites!  
Reg. 7.99

**Sale 4 for 8.88**  
2-cu. ft. Pine Bark Mulch  
Chips, mulch or nuggets. Decorative, inhibits weed growth, retains soil moisture.

**Sale 9.99**  
Frank's Weed & Feed  
Kills weeds, provides long-term greening.  
5,000 sq. ft. bag.  
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**DECORATIVE MULCH**  
**PINE BARK**

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St. Charles 4630 Hwy. 94 N. Outer Rd. (314) 926-8355 St. Charles 3725 Harry S. Truman (314) 947-7148 Bridgeton 12253 St. Charles Rock Rd. (314) 298-7667 North County 11015 Old Hills Ferry (314) 355-8534 St. Louis 4850 Lindbergh (314) 351-4210 Ballwin 15031 Manchester Rd. (314) 296-8777 Kirkwood 1135 S. Kirkwood (314) 821-8866 Shrewsbury 125 Kennick Plaza Dr. (314) 952-8878 Fairview Hts. 110 Commerce Lane (314) 327-1251 Overland 8801 Page (314) 429-5155 Seniors! Wednesdays get 10% off your total merchandise purchase. Must be 60 or over. We reserve the right to limit quantities.

**FRANK'S NURSERY & CRAFTS**

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**Landscape Perennial Sale Now Thru Saturday!**

Fresh Shipments Just Arrived!

Several Unusual & Hard-To-Find Varieties!

Choose From

- Achillea
- Campanula
- Columbine
- Coral Bells
- Dianthus
- Salvia
- Sedum
- Shasta Daisy
- Veronica

And many more! Hurry in for best selection!

Your Choice

**SALE 3 For \$5**

Fantastic selection of hardy perennials for beautiful flowers year after year. In one-quart pots. Reg. 2.79 ea. Selection may vary by store.

**Save \$1 Extra Large Perennials in 1-Gal. Containers**  
Mature, well-established plants. Reg. 5.99

Visit our Pet Care Departments at all Frank's locations!

Store Hours:  
Monday thru Thursday 9am to 9pm  
Friday 9am to 10pm  
Saturday 7am to 9pm  
Sunday 9am to 7pm

**schermers garden shop**

SHADE TREES • FRUIT TREES • FLOWERING TREES & SHRUBS • ONIONS • SEED POTATOES • GRAPE VINES • RHUBARB • ASPARAGUS ROOTS • BULK GARDEN AND GRASS SEED • LARGE VARIETY OF BEDDING PLANTS • BEAUTIFUL HANGING BASKETS • MUCH, MUCH MORE.

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**JAGUAR WE HAVE IT!**

**K31 GRASS SEED \$49.50**  
50 LB. BAGS

**WEEKLY SPECIAL JAPANESE MAPLE TREES**  
All Varieties & Sizes  
**25% OFF!**  
Offer Good Thru 4-21-96

**SUMMER BLOOMING BULBS**

**VIDALIA ONION PLANTS**

**PERENNIALS ARE IN! SPRING HOURS:**  
Mon-Sat 8:30 A.M. - 7:30 P.M.  
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# Leadership council helping youths 'Win With Wellness'

The National Council on Youth Leadership, based in St. Louis, is dedicated to "making tomorrow's world better by developing leaders today."

The council accomplishes its mission through one of its major programs — Win With Wellness (formerly 30 Days of Fitness). Win With Wellness, a leadership program for high school juniors, focuses on health and wellness issues.

All public, private, city, county and Metro East high schools are invited to participate in Win With Wellness. Ten juniors from each school, guided by faculty members, form a team to plan and implement a series of wellness programs in their schools and communities.

The experience gives the students opportunities to develop and practice skills such as goal setting, time management, problem solving, decision making, communication and documentation — all of which are necessary to be a productive, responsible and healthy person.

The teams are challenged to use the skills to promote and encourage healthy lifestyle choices. A teen-driven program seeks to educate and raise awareness of such issues as AIDS, tobacco, alcohol and drug abuse; violence; teen suicide; eating

disorders; and physical inactivity.

From five schools in 1987 to 71 school teams in 1996, Win With Wellness continues to grow. More than 850 students and teachers will reach thousands with a wide variety of activities during April and May.

The interaction with community health agencies is another aspect of the program. The teams collaborate with 14 local

health facilities and more than 30 community agencies, all providing extensive printed resources, speakers and general support.

For more information on Win With Wellness, call the National Council on Youth Leadership at (314) 567-4818.

How to give your landscape a  
**Professional Look**  
by the experts at

## FRANK'S NURSERY & CRAFTS

*Where Beautiful Things Begin*

**P**icturesque landscapes don't just happen overnight, although it may seem that way at times. Careful planning and know-how are two items that play a major role. But there are two more ingredients that can turn an ordinary-looking garden scene into a magnificent one. Mulch and edging.

### Mulch

The benefits of mulch are numerous, and it goes far beyond the appearance. For starters, mulch is a big help in preventing weed growth. And we all know weeds not only are ugly, they compete with your desirable plants for nutrients and water, not to mention crowding them out. By providing weeds with miserable living conditions, mulch keeps your good plants healthy and thriving.

There's more of course. It can be difficult to keep the soil moist around your plants, due to evaporation. When the area's covered with mulch, the soil stays moist longer, meaning healthier plants with less watering.

One more benefit, as if there hasn't been enough already. Mulch can prevent soil erosion also.

This "gardening miracle" material comes in many types, shapes, textures and colors. You can use wood shavings, stone, bark or several other materials, depending on the look you wish to achieve. Stop by Frank's... two-cubic foot bags of mulch are on sale.

### Edging

Decorative edging is also a must for a real professional look. Properly installed, it provides a barrier to separate grass and landscape bed, and it's excellent for holding mulch in place, keeping it from getting spread all over your lawn. Best of all, it's inexpensive and easy to install. Here are some tips.

Mark the area you wish to edge with a length of rope or a garden hose. Once it's adjusted, and in the proper place, dig a small trench, about three or four inches deep, along it. If everything looks okay, you're ready to install the edging...almost.

When you first try to unroll the edging, you'll probably discover it seems to have a mind of its own, and curl all back up again. The solution's simple. Unroll the edging, weight down both ends, and let it lay flat in the sun for about an hour. You'll then be able to shape and bend the edging to your heart's content.

Set the edging in the trench. When you encounter high spots, slide the edging back and forth, creating a cutting action. This allows the edging to be accurately placed.

If you need to butt two pieces together, use the handy fastener that's included with the edging. When you're done, the edging can be easily cut with a pair of sturdy scissors, tin snips or a utility knife. Adjust high and low spots, fill in the soil around the edging and add a few stakes to help hold it in place. Then stand back and admire your professional-looking creation!

Shop any of these ten convenient Frank's locations:

ST. CHARLES  
4630 Hwy. 94 N. Outer Rd. (314) 926-8335

ST. CHARLES  
3725 Harry S. Truman (314) 947-7148

BRIDGETON  
12263 St. Charles Rock Rd. (314) 298-7657

OVERLAND  
8901 Page (314) 423-5155

NORTH COUNTY  
1115 Old Hills Ferry (314) 355-8534

BALLWIN  
15031 Manchester Rd. (314) 256-8777

KIRKWOOD  
1135 S. Kirkwood (314) 821-8888

SHREWSBURY  
125 Karlov Plaza Dr. (314) 962-0878

ST. LOUIS  
2650 Landsdowne (314) 953-4010

FAIRVIEW HEIGHTS, IL  
110 Commerce Lane (618) 397-1251

**All You Need For A  
Beautiful Landscape Is At  
Your Nearest Frank's!**

**Watch Sunday's Journal  
for more tips from the  
experts at Frank's!**

OSHKOSH B'GOSH CLASSICS—MADE TO BE A TRADITION

## GLIK'S Classic Kids!

INFANT & TODDLER



**KNIT TOPS**  
**ONLY \$9<sup>90</sup> & \$10<sup>90</sup>**

INFANT & TODDLER



**SHORTALLS  
& JUMPERS**  
**ONLY \$16<sup>90</sup>**

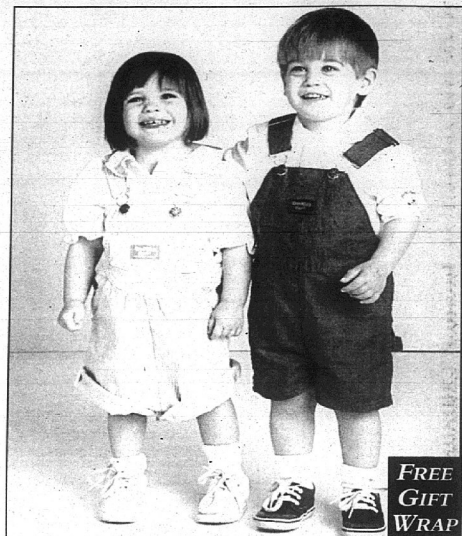
QUALITY KNIT TOPS, SHORTALLS AND JUMPERS.  
GREAT LOOKS FOR SPRING 1996.

BELLEVILLE CENTER

MON.-SAT., 9-9 SUN., 12-5

GLIK'S CHARGE VISA MASTERCARD DISCOVER

OSHKOSH B'GOSH CLASSICS—MADE TO BE A TRADITION



PICTURED: ANDREA AND BILLY GLIK

FREE  
GIFT  
WRAP

**40 MINUTE  
CLEANERS**

MADISON, IL

Located at 1010 Madison Ave. (Between Busy Bee Bakery & Grocery)  
Hours Mon-Sat: 7am - 6pm Phone 452-4154

We accept competitor's coupons - Over 25 yrs. of service in Metro East

**GRAND OPENING**

<b>ANY SHORT GARMENT</b> Pants, Skirts, Blouses, Sweaters and Sport Coats. No Leather, Suede, Platts, Sequins. Not good with other offer. <b>\$2<sup>99</sup></b> DRY CLEANING NO LIMIT ORDER MUST BE PICKED UP WITHIN 30 DAYS FOR COUPON PRICE. COUPON MUST BE PRESENTED WITH INCOMING GARMENTS. EXCLUDES DOWN FILLED. OFFER EXPIRES 5/1/96.	<b>MEN'S BUSINESS SHIRTS</b> LAUNDERED AND PRESSED <b>99¢</b> NO LIMIT COUPON MUST BE PRESENTED WITH INCOMING GARMENTS. OFFER EXPIRES 5/1/96.	<b>ANY LONG GARMENT</b> Dresses, Coats, 2 pc. Suits or Dresses. No Leather, Suede, Platts, Sequins. Not good with other offer. <b>\$4<sup>99</sup></b> DRY CLEANING NO LIMIT ORDER MUST BE PICKED UP WITHIN 30 DAYS FOR COUPON PRICE. COUPON MUST BE PRESENTED WITH INCOMING GARMENTS. EXCLUDES DOWN FILLED. OFFER EXPIRES 5/1/96.
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**Grand Opening 8 Day Special**

**PANTS - Plain \$1<sup>99</sup>**  
**SKIRTS - Plain**  
**SWEATERS - Plain** no limit

Order must be picked up within 10 Days for coupon price.  
Coupons must accompany incoming order. Expires 4-24-96

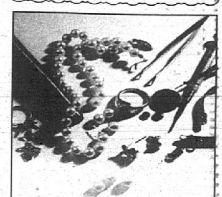
**Jeans - Dockers: Laundered, Starched, Pressed**  
**Draperies • Wedding Gowns • Robes**  
**Cleaned and Pressed**



\$50 OFF YEAR ROUND AIR POLLUTION SOLUTION



from  
*this day forward*  
Let us make your wedding day one you will treasure forever. We feature a complete line of elegant  
**Carlson Craft**  
invitations and accessories including thank you notes, reception items, gifts and much more. Stop in today!  
**A-1 RENTAL**  
Your Wedding Service Center  
200 Bellvue, Collinsville 345-6050  
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**REPAIR WEEK**

• GEM RESETTING  
• JEWELRY CLEANING AND INSPECTION  
• RESIZING RINGS  
• EARRING AND CLASP REPAIR  
• WATCH REPAIR  
• EYEGLASS SOLDERING  
"THE JEWELRY DOCTOR"

**Leck JEWELERS**  
10450 Lincoln Trail  
Fairview Heights  
398-5101  
Men & Fri 10-7  
Tue, Wed, Thurs 10-6 Sat 10-5

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## Horoscope

**Wednesday, April 17**  
**ARIES** (March 21-April 19). Others give you a second chance. Your personality is irresistible. Be firm with rude people, who will respect you for standing up to them. Support your marriage partner as his or her new project is lucky.  
**TAURUS** (April 20-May 20). Suppress the need to explain, and go on your happy way. Couples need time alone. Children, especially stepchildren, interfere with your marriage. You have success with games or contests. Teachers and nurses get raises.  
**GEMINI** (May 21-June 21). If you can substantiate your claims, you have a winner. Invest with a new firm. Pursue a career you enjoy — the money will magically come. Power comes through friends. Use talents or you'll lose them.  
**CANCER** (June 22-July 22). You aren't average, so don't try to be. Express your wild side. Music, art and design bring money and security. Everyone comes to you with problems, but you now find others unresponsive. Stop being the scapegoat.  
**LEO** (July 23-Aug. 22). Stop beating yourself up. Problems from the past turn into assets.

Superiors suddenly need you. Set an example for children and co-workers. They'll change. You are a natural leader. Run for office, or apply for a managerial post.

**TODAY'S BIRTHDAY** (April 17). You must spend money to make it. Strangers and unusual offers bring money by August. Job hop all summer. Key positions open for you in October. Writers, artists and the self-employed get contracts and bonuses in November.

**VIRGO** (Aug. 23-Sept. 22). By taking precautions now, you best competitors who aren't ready for a downturn. Capitalize on shake-ups at work. Don't wait for lovers to seek you out. Use your problem-solving skill on your own behalf for a change.

**LIBRA** (Sept. 23-Oct. 23). Only one tiny piece of a puzzle is still missing. Don't end your search. Secrets haunt you. Be honest about your background. A job opens up, solving immediate financial woes. Complications with an ex could hurt your business.

**SCORPIO** (Oct. 24-Nov. 21).

Digest facts before you act. You attract backing and support when you stick to your plan. So-called friends take advantage of your business expertise. Refuse to do any more freebies! Women succeed in new businesses.

**SAGITTARIUS** (Nov. 22-Dec. 21). The more you do, the more you can do. Push. Show compassion for a co-worker undergoing family problems. This turns into an enduring friendship — even love. You have more financial options than you realize.

**CAPRICORN** (Dec. 22-Jan. 19). The pace quickens. Focus on one project at a time. An offer is coming. Come clean with your lover. You have success with musical ventures. Hiring help could lead to a doubling of your income.

**AQUARIUS** (Jan. 20-Feb. 18). Imagine what the future could be if you'd only change. Mental visualization works. Anything sent, received or written is lucky. Far-fetched projects may lead to much more immediate gains.

**PISCES** (Feb. 19-March 20).

Be practical. Delays with decisions jeopardize your wealth and security. Your concern for relatives is justified, so make calls and pay surprise visits. Permanent jobs are less fortunate than you think.

**Fingertips**  
**Nail Salon**  
 2126-Ste. B  
 Pontoon Rd., Granite City  
 877-TIPS (8477)  
*Permanicure by Jeanette*  
*Articulating by Dea*  
 Call about Prom Specials

# ITALIAN SPAGHETTI DINNER

Trails West Council, B.S.A.  
 Sponsored By  
 Religious Relationship Committees  
**Pasta, Salad, Italian Bread & Dessert**  
**INCLUDES: Coffee & Tea (Soda Available)**  
**PRICE:** \$4.50 Adult  
 \$3.00 Child (12 & Under)  
 Under 3 FREE  
**WHEN:** April 21, 1996 11:00 - 3:00 p.m.  
**WHERE:** Township Building  
 20711 & DeMar, Granite City, IL

**FISH FRY** WE DELIVER  
**FRIDAY 11 A.M. - 7 P.M.** Sandwiches Plates  
**BINGO**  
**TUES. QUAD CLUB 7:15 P.M. B2416**  
**WED. AMERICAN LEGION 7:15 P.M. B943**  
**THURS. SOC. CLUB 7:15 P.M. B3597**  
**SUN. VENICE FIRE DEPT. 1:15 P.M. B1475**  
**AMERICAN LEGION POST 307**  
**740 BROADWAY, VENICE, IL 876-0121**

**CARPETS BY FRANK**  
**"The Best For Less"**  
 MILL DIRECT CARPET AND VINYL  
**931-2511**

**THORNGATE MINI STORAGE**  
 New Units Available  
 Open Seven Days A Week  
**797-2757**

**BINGO**  
**HOLY ROSARY SCHOOL**  
 Every Friday 7pm  
 \*Two \$500 Jackpots \*Full Table \*Color  
 Raffle \*Refreshments available  
 2727 N. 42nd Street, Lincoln Park, IL 60465  
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**S&G COMPUTER SERVICE**  
 2636 Edwards  
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 IBM • IBM  
 COMPATIBLE  
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**NAMEOKI CINEMA**  
 Nameoki Village, Granite City • 877-6322  
 Ends Thursday!  
**ROBERT REDFORD**  
**UP CLOSE & PERSONAL** 7:15  
**STARTS FRIDAY!**  
**OLIVER COMPANY** 7:00  
**STARTS FRIDAY!**  
**BROKEN ARROW**  
**TRAVOLTA** 7:00  
 FRISAT 7:15, 9:00 SATSUN MAT 2:00, 3:45  
 SUN - THURS 7:15 ONLY  
 FRISAT 7:00, 9:30 SATSUN MAT 1:00, 3:30  
 SUN - THURS 7:00 ONLY  
**Now FREE REFILL on Popcorn & Soft Drinks!**

**UNDER NEW OWNERSHIP**  
**Krander's**  
**BAR & GRILLE**  
 1348 Madison Avenue, Madison, IL  
 Bar & Grille • (618) 451-1515  
**DAILY LUNCH AND DRINK SPECIALS**  
**3 ELECTRONIC DART BOARDS**  
**BEST BURGER IN TOWN**

**THE ROCK CREEK CENTER**  
**Psychiatric Care Clinics**  
**Serving:**  
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 465-7324  
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 1-800-249-6910  
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 Thwan Han, M.D.  
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 Medical Directors  
**Personalized Psychiatric Services**

**SAVE OVER 60%!**  
**4 Tickets**  
 (2 Adult Lawn Tickets & 2 Kids Under 12 Lawn Tickets)  
**4 Drinks**  
 (4 Twenty Ounce Fountain Drinks)  
**4 Popcorns**  
 (4 World Famous Riverport Amphitheatre Popcorns)  
**1 Price: \$35!**  
 (Additional Kids Tickets May Be Purchased For \$5 Each)  
**ALABAMA**  
**WIL92FM**  
 special guest: **Kenny Chesney**  
**Friday, May 3**  
**RIVERPORT Amphitheatre**  
**It's The Best Part Of Summer!**  
**JUST ASK FOR**  
**Suburban Journals**  
**FAMILY NIGHT SPECIAL**  
 Offer available only through the Riverport Amphitheatre Box Office  
 or by calling DIALTIX at (314) 968-1800. Offer ends May 2, 1996.  
 Offer NOT available day of concert.

# Child Safety Night

**Monday**  
**April 22**  
**6-9 p.m.**  
**Granite City Campus**  
**4950 Maryville Road**  
**BELLEVILLE AREA COLLEGE**  
 BELLEVILLE GRANITE CITY RED RIVER

**Presentations by:**  
 Granite City Fire Department  
 Granite City Police Department  
 Madison County Health Department  
 Union Electric  
 SIUE Sexual Assault Prevention Program

**Information and Activities include:**  
 Finger Printing  
 Face Painting  
 Tours of a Fire Truck and Ambulance  
 Smokehouse  
 Clown  
 Information Tables  
 Educational Sessions

**Co-sponsored by: The Granite City Campus of**  
**Belleville Area College, The Journal Newspapers**  
**and Blockbuster Video**



# WIN A BRANSON PASSPORT

**Suburban Journals invites you to enter and win a Branson Passport.**  
**Your Passport includes:**

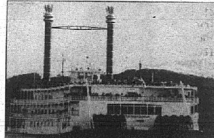


**The Grand Palace\*** - Two tickets to Branson's Biggest Variety Show - the "All New Legends In Concert" at The Grand Palace theatre. From the likes of Tom Jones and Judy Garland to Roy Orbison and Dolly Parton, it's a two-hour sensational salute to the superstars filled with music, comedy and best of all variety!  
 Don't miss 12 Legends on one super charged stage all in one unforgettable evening of entertainment.

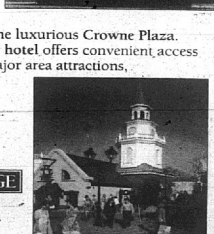
**Silver Dollar City\*** - Two tickets to Silver Dollar City. We bring the fun of the past to life with over 50 sensational daily shows, 100 authentic pioneer craftsmen,

60 unique shops and 10 rip-roaring rides, all nestled in the heart of the Ozark Mountains. The fun just keeps getting bigger with five fantastic festivals, including summer's ALL NEW Children's Festival starring Nickelodeon!

**Showboat Branson Belle\*** - Two tickets to the Showboat Branson Belle. Every cruise includes a relaxing journey along beautiful lakeside scenery, a bountiful meal served to your table with a smile and a song and an all new musical, dance and comedy extravaganza!



**Crowne Plaza\*** - Two nights stay at the luxurious Crowne Plaza. Our full-service award winning luxury hotel offers convenient access to top-rated shows, outlet shopping, major area attractions, indoor/outdoor heated pool, whirlpool, sauna, and fitness center in-house. Restaurant and lounge open year-round. Kids stay and eat free.\* Coffee makers and hairdryers in rooms.



**The Grand Village\*** - \$100 shopping spree at The Grand Village - Branson's Best Shopping Spot filled with 26 one-of-a-kind specialty shops and two terrific eateries all nestled in a beautiful village setting.

**Enter and Win Today!** 3 lucky winners will experience the excitement of Branson's Best Attractions. Entry deadline April 22, 1996.

1. Mail entries by April 22 to: Suburban Journal Branson Passport Contest/1714 Deer Tracks Trail/St. Louis, MO 63131.  
 2. Winner will be selected through a random drawing from all contest entries received.

Name \_\_\_\_\_  
 Address \_\_\_\_\_  
 City \_\_\_\_\_  
 State \_\_\_\_\_ Zip \_\_\_\_\_  
 Day Phone \_\_\_\_\_  
 Night Phone \_\_\_\_\_

**Rule & Regulations:** No purchase is necessary. Winners will be drawn at random. Winner must be at least 18 years of age. Employees of the Suburban Journal, their families, and sponsors are not eligible. Only one entry per person. Winners will be contacted by phone or mail one day after drawing. Contest ends Monday, April 22, 1996. Winners must claim their prize at least one week from notification. Sponsor is not responsible for late, lost, or mis-directed mail or from printing errors in any advertisements entry form, or the rules.  
 \*Some Restrictions Apply

Suburban Journals



## •Obituaries

(Continued from Page 4A)

Hoover, and one grandchild. Mrs. Stevens' remains were cremated in Sun City. A memorial service will be held from 2 to 4 p.m. Saturday, June 8, at Yura Peterson Funeral Home, 209 S. Batavia Ave. in Batavia.

**David Kraus**

David P. Kraus, 57, of Granite City died at 8:15 a.m. Friday, April 12, 1996, at Anderson Hospital in Maryville after being ill for more than one month. He was born Jan. 3, 1939, in Granite City, where he had been a lifelong resident.

A laborer in the blast furnace at Granite City Steel, he was a member

of Holy Family Catholic Church in Granite City.

Survivors include one son, Eric David Kraus; one daughter, Stephanie Kraus; his mother, Veronica (Mikulski) Kraus of Granite City; one brother, Peter Kraus of Granite City; and one sister, Patricia Randall of Granite City.

He was preceded in death by his father, Pete Kraus.

Services were Monday at Mercer Mortuary in Granite City with the Rev. Thomas Wise officiating. Burial was in Calvary Cemetery in Glen Carbon.

Memorials are requested for the American Lung Association.

**Donald Gallia**

Donald W. Gallia, 42, of Granite City died Friday, April 12, 1996, at St. Louis University Medical Center in St. Louis, following a sudden illness. He was born Jan. 27, 1954, in Granite City, where he had been a lifelong resident.

Mr. Gallia was of the Pentecostal faith.

Survivors include three sons, Joe, Donald and Walter Gallia, all of Glen Carbon; his parents, Raymond and Donna (Atwood) Graham of Granite City; three brothers, Jack Gallia of St. Louis, Randy Graham of Indiana; three sisters, Deborah McCal-

later, Cynthia Selph and Debbie Goodrich, all of Granite City; and his grandmother, Helen Atwood of Granite City. He was preceded in death by his father, Joe Gallia Jr.

Services were Tuesday at Warner Chapel for Funerals in Pontoon Beach with the Rev. Henry Crispian officiating. Burial was in St. John Cemetery in Granite City.

Memorials are requested for the Word of Life Tabernacle Building Fund.

**Senior menus**

Donations for noon meals are \$2. Call day ahead for reservation, 877-4373.

**Wednesday, April 17**  
Country fried steak, whipped potatoes, gravy, buttered cabbage, wheat bread, cherry gelatin.

**Thursday, April 18**  
Pork chop, rice, gravy, broccoli Normandy, apple juice, rye bread, sugar cookies.

**Friday, April 19**  
Chicken and dumplings, cole slaw, beans, wheat bread, apple turnover.

**Monday, April 22**  
Swiss steak, Delmonico potatoes, Italian vegetables, wheat bread, chocolate chip cookies.

**Tuesday, April 23**  
Sausage patty, whipped potatoes, gravy, spinach, biscuit, fruit cocktail.

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Wednesday

# Granite City Journal

## RACING

Belleville's Wayne Downing wins his first victory at Tri-City.

Page 2B

## STATE GAMES

Kickoff reception April 28 at St. Clair Square's center court.

Page 2B

April 17, 1996—Page 1B

## Granite sweeps Jerseyville 10-2 Warriors face six teams this week

By Rob Raphael  
Staff writer

The Granite City Warriors concluded a successful weekend on Saturday as they completed a doubleheader sweep over Jerseyville with a 9-5 win in game two.

The Warriors won the first game on Saturday by a nearly identical 9-4 tally. All this after defeating Cahokia 12-1 on Friday, and now the Warriors stand at 10-2 going into what should be an interesting week of baseball.

Six games are on the Warrior docket this week, including the Annual Round Robin Tournament, which begins Friday night.

After a Tuesday contest at East St. Louis, which the Warriors will not take lightly, Granite City will travel to Des Moines on Wednesday and is set to host Collinsville Thursday at Varsity Field.

But on Saturday, the Warriors were able to get past the Panthers twice, despite Jerseyville's pesky attitude.

"They're aggressive at the plate and certainly on the bases," said GCHS coach Gus Lignoul of the Panthers. "They ran all night, and when they'd get runners on, we didn't have

Granite City 9, Jerseyville 4  
(Game One)  
JERSEYVILLE: 001 120 0-4 7 0  
GRANITE CITY: 001 360 X-9 10 0  
JERSEYVILLE: Dabbs 2-4, Rust 2-3, Dabbs 1-2, Updegraff 2-3, LP-Steckel 1P-4, H-2, R-0, ER-4, BB-2, SO-2.  
GRANITE CITY: Edwards 1-3 RBI, Harris 1-4, Lloyd 1-3 RBI, Parker 2-3 RBI, Rust 2-3 RBI, Hayden 2-4 RBI, Errey 2-4 WP-Adams 1P-4, H-4, R-4, ER-3, BB-3, SO-4.

Granite City 9, Jerseyville 5  
(Game Two)  
JERSEYVILLE: 000 100 2-5 8 0  
GRANITE CITY: 000 080 X-9 8 0  
JERSEYVILLE: Newingham 2-3 RBI, Bilezik 2-3, Rosette 1-4, Lyles 1-2 2B RBI, Dabbs 1-3, LP-Goetz 1P-1, H-2, R-4, ER-3, BB-4, SO-1.  
GRANITE CITY: Brewer 1-3 HR RBI-3, Lloyd 2-3 3B RBI, Ralston 1-2 RBI-2, Winfield 1-2 RBI, WP-Whittington 1P-4, H-2, R-3, ER-3, BB-2, SO-2.

much success in keeping them close or throwing them out.

"They were successful against our catching, but the majority of the time our catchers didn't have a chance. The blame goes to the pitchers, too."

But it wasn't enough to defeat the Warriors, who got the better pitching overall and did the bulk of the hitting.

In the first game, the Warriors answered the Panthers twice in the late innings to secure the win. After Jerseyville went ahead 2-1 in the

fourth inning, the Warriors scored a pair in the bottom of the inning.

And after the Panthers scored a pair in the fifth to take the lead, Granite City came back with a five-spot in their half of the inning.

Mike Ahlvers picked up the win in game one, and Dustin Brewer came on to pick up his first save of the year.

Ryan Relleke was 2-for-3 with an RBI, and Jeff Hayden was 2-4, also with an RBI. Brian Lloyd picked up a pair of RBIs, and David Parker and Eric Edwards added RBI hits for Granite City.

"We've been fairly aggressive at the plate, and taking some good swings," Lignoul said. "I like the way we're starting to do that. And we got some good at bats from kids who haven't had a lot of chances, mainly Hayden and (Greg) Winfield. They both swung the bat well and contributed hits."

In game two, the Warriors used another five-run inning to take a big lead over the Panthers, before Jerseyville scraped across a couple of late runs to make things respectable.

The big hits in that game (See WARRIORS, Page 3B)

## Saluki win spurs tale of coaches

Very quietly, the Southern Illinois University at Carbondale baseball team is returning to the respectability it once held nationally.

And, of all things, guess who SIUC rallied against for an early-season 10-8 victory? Yep, it was against the University of Illinois and former Saluki coach Richard "Itchy" Jones.

The Salukis trailed 7-0 entering the bottom of the second inning and were still down 8-2 in the eighth before an eight-run rally accounted for SIUC coach Dan Callahan's third win without defeat in two seasons against Jones and the Illini.

Said Callahan: "We've got too many new faces on this team for some of these guys to realize what's gone on in the past. Some of them are not used to losing. They don't quit."

OK, by now aren't you wondering why else I might refer to the success of a young coach against Jones, who had a 21-year record of 739-345-5 at Carbondale?

The answer is that this tale of coaches adds to a story of my thoughts regarding Lou Henson, the outgoing men's basketball coach at Illinois and Jimmy Collins, the outgoing Illini assistant.

Simply put, the football, basketball or baseball coaching jobs at Illinois are a financial plum. Do you really think someone of the stature of Lou Kruger, the basketball coach at Florida with a Final Four appearance in his pocket, would not jump at an offer from Illinois, where even the women's basketball coach is guaranteed more than \$100,000 per season?

Why do you think Jones moved from SIUC to Champaign? Money is the answer, and when Itchy retired, he will be one heck of a lot better off financially than if he had remained at SIUC.

This corner has referred to Henson being guaranteed more than \$100,000 per year because he can add his own salary to the money to his total salary before it is calculated into his retirement benefits.

Now let's look at Collins, an Illini assistant since 1980, who headed for the University of Illinois-Chicago—where his sendoff from Henson included gushes like the following:

"(High school) coaches love him. He is going to get the talent. He will do a tremendous job."

Sorry, Lou. The tremendous job the 48-year-old Collins did was to grab the first offer that came along when Illini administrators realized Collins was a Chicago-area recruiter with no head coaching experience in college.

And, at UIC, Collins does no better in recruiting Chicago-area players than he did at Illinois, too much might be considering pension time instead of court time.

While cruising a few games above the .500 mark, SIUC has shown strength in the Missouri Valley with wins, including a sweep (3-2 and 8-4) over Bradley. In the second game of that doubleheader, two former O'Fallon High players

Brian Funk, a SIUC left fielder—infelicitous relief pitcher, and Scott Seipp, a SIUC left fielder—were on opposite sides.

Funk relieved in the sixth inning of the second game but Seipp was left on deck.

FOOTNOTES: Congrats to the Belleville Elks hoop shot winners: Boys—Andrew Lemon (age 8-9), Cathedral; Zach Bond (10-11), Wolf Branch; Jacob Revell (12-13), Freeburg; and girls—Julie Cernak (8-9), Blessed Sacrament; Betsy Riley (10-11), High Mount; Stefanie Marlin (12-13), Cathedral.

## Cardinals. Team of the Week



The Edwardsville Junior High School seventh grade girls basketball team finished undefeated and won the Madison County Junior High Conference. The team, coached by Bill Freymuth, went 17-0 to set a school record for most wins in a season, set records for lowest total points allowed in one season (199, an average of 11.7 per game) and most points scored in one season (685, an average of 40.2 per game). The team includes: (front row from left) Lindsay Carlile, Laura Seibert, Angie Allaria, Erin Boedecker, Cory Wooley; (middle row) Liz Claussen, Vicki Moscardelli, Lindsay Anderson, Candace Monk, Jill Thompson, Jamie Hayes; and (back row) Kathryn Ragg, Kara Carroll, Holly Reising, coach Bill Freymuth, Erin Decker, Michelle Daniels and Brandee Evans.

## Girls track competitive despite host of problems

By Rob Raphael  
Staff writer

As the track season goes on, the meek seem to get more competitive. The Granite City girls team still seems to be holding its own.

With the track season half over, and the Madison County meet a week from today, GCHS coach Gene Briggs is

dealing with a host of injuries and illnesses; as well as the lack of quality practice times.

But one would never know that looking at the meet results. One of the high points of the season so far was an outstanding 14th-place finish at the prestigious Jackie Joyner-Kersey Relays on April 5.

Although finishing 14th may not sound spectacular, the only Metro East team to finish higher than Granite City was the host team Lincoln, who placed second behind only meet champions Chicago Morgan Park.

"It was a very good meet, one that would have to be considered as state quality," Briggs said. "There were a lot of great programs there, from

Indiana, Missouri and other surrounding states.

"There were a lot of top-flight programs, so this puts us in an elite group."

This past weekend, the team traveled to the Tiger Relays at Southern Illinois University at Edwardsville. After the cool weather at East St. Louis, the conditions couldn't have been better for the Tiger Relays.

Granite City had two place winners at SIUE. Stephanie Brandt continued to work on her form for the upcoming postseason, by placing second in the discus throw at a distance of 113 feet, 9 inches.

Actually, Brandt's results from the Tiger meet weren't as successful as her throw at the JJK meet, where she was a meet-best 121 feet. And last Wednesday's meet was the first time this season Brandt did not win the discus event.

The other place winner at the Tiger Relays was the 100-meter hurdles team of Bonnie Hill, Amanda Ragan, Stephanie Jovi and Lexi Camburn. That team placed fifth, with a time of 1:15.4, more than three seconds better than their previous best.

The Lady Warriors didn't compete in many of the events at the JJK meet, as Briggs said he just couldn't field a full



(Photo by MARK BONEBRAKE)  
Matt Bringer in the 110 meter hurdles.

## Games application books now available

Applications books are now available for those athletes wanting to compete in the 13th annual Prairie State Games, to be held June 28-30 in southwestern Illinois.

The Games offer more than 20 Olympic-type sports in what is Illinois' largest amateur sports festival. Fairview Heights again will serve as the host city. The main venues will be at Southern Illinois University at Edwardsville and Belleville Area College.

Sports available at all-competitions at the finals are archery, bowling, diving, fencing, figure skating, women's gymnastics, judo, karate, shooting, swimming, table tennis, track and field, tumbling/trampoline/double-mini, weightlifting and wrestling. Depending on the sport, the competitors will be grouped according to age and/or ability level.

ADDITIONALLY, THERE will be elite competition in basketball, soccer, volleyball and tennis. It will be open to men and women in scholastic (high school) and open divisions, and the athletes are required to try out on a region-

al basis. Also, there will be team tournament for youngsters in basketball, soccer, football and volleyball, as well as a 30-and-over division in men's soccer.

An invitational open men's baseball tournament and an invitational youth ice hockey tournament also will be held at the finals.

All athletes are invited to participate in the gala opening ceremonies at 8 p.m. Friday, June 28, at the Track and Field and Soccer Stadium at SIUE.

The entry fee for individual sports is \$15, which includes a souvenir T-shirt. Team entries vary in price.

To obtain an application or further information, contact the PSG office at 632-1002. Also under way is registration for the fast tournaments in the 13th annual Prairie State Games.

The four fests are tied in with the PSG finals competition in what is Illinois' largest amateur sports festival. Besides the fests, top-notch athletes throughout the state will compete in more than 20 Olympic-style sports. (See GAMES, Page 3B)

## Strong boys track team doing well

By Rob Raphael  
Staff writer

It doesn't seem possible already, with temperatures still hovering around the freezing mark, but the track season is half over, and the big meets are just around the corner.

The Madison County Meet is a week from today (Wednesday), and the beginning of the track season's home stretch.

The varsity Warriors competed in a pair of state-class meets the past two weekends, with visits to Southern Illinois at Edwardsville for the Belleville West Invitational; and a trip this past weekend to Centralia for the Orphan Relays.

Granite City coach Gene Briggs said his boys team has not suffered from the same types of problems that have plagued the girls, meaning injuries and sickness.

"No, the boys have been doing real well," he said. "This is still a strong group. We've been especially pleased with the showings of our young kids in a couple of quality meets."

The Warrior junior varsity team competed in a tough triangular meet on April 10, on a (See BCTVS, Page 2B)



## Boys

(Continued from Page 1B)

warm day at Belleville West. Granite City scored 76 points, including six first-place finishes and 12 second-place finishes.

The Warriors placed in every event, and had multiple placers in nine different events.

**POSSIBLY THE MOST** exciting event for Warrior fans was in the 300-meter hurdles, where the Warriors took home the top four spots. Kelly Huckelberry was first (44.7), Matt Bringer was second (46.3), Aaron Howard was third (47.5) and Steve Moss was fourth (47.6).

And in the freshman-sophomore Tiger Relays, held at SIUE on April 4, the Warriors held their own and then some against many of the area's top teams, including four of their five Southwestern Conference opponents.

Granite City placed third in that event as a team, with 29 points; behind only Cahokia (54) and Collinsville (30).

The Warriors finished with three first-place showings and one second-place showing. Eddie Connolly was first in the 3200-meter run in a time of 11:14, and Ryan Moneymaker was first in the 70-meter high hurdles with a time of 9.9 seconds.

The Warriors' 300-meter hurdles team of Jeremy Smith, Moneymaker and Moss was

also first with a combined time of 1:44.6.

Joe Landeros was the lone Warrior to place second, as he had a 105-8 toss in the discus.

The varsity Warriors found the going tough in their last two meets, but still had their share of fine performances.

The Warriors did not score at the West Invitational, but had several individuals make it to the semifinals. Granite City did place in three events at Centralia.

The Warrior 300-meter hurdle team placed again, with Huckelberry, Moneymaker and Smith combining for a 2:13.4, good enough for fourth place.

Also placing fourth was the 800-meter team of Shane Brown, Steve Logan, Curtis Howard and Dane Bauer, who finished with a time of 1:34.0. Also running well was the freshmen-sophomore 800 team, who also placed fourth at 1:37.7. That team consisted of Wes Reed, Chris Tindall, Brown and Bauer.

"Our freshman team was third, almost second, in an excellent meet against all the other conference teams except East St. Louis," Briggs said. "And we had some nice performances by our JV kids in a quality triangular meet."

"But mostly, we're getting better, and beating many of our personal records. We did our best, by and large, and the performances were very good overall. We're very pleased right now."



(Photo by MARK BONEBRAKE)  
Granite City's John Haug lets a discus fly.

## Downing wins first victory at Tri-City

By Steve Birmingham  
Correspondent

Belleville's Wayne Downing, last season's Budweiser Grand American Modified Rookie of the Year, turned back any thoughts of a sophomore jinx by gaining his first career victory at Tri-City Speedway Saturday night.

The race was one of five features Saturday which kicked off the 1996 racing season at the Speedway.

The 20-year-old Downing led going into turn one after the drop of the green flag, but was soon passed by 1995 Modified champion Tom Seets. A late race caution slowed the pace, but when the green flew again, Downing recaptured the lead and raced into the next zip code.

John Seets finished in second place, while third place was taken by Mark Leuck.

It was the first career Pepsi Racing Series win for Downing, who started the night by winning his qualifying heat and capped it by taking the points

lead over John Seets and Leuck.

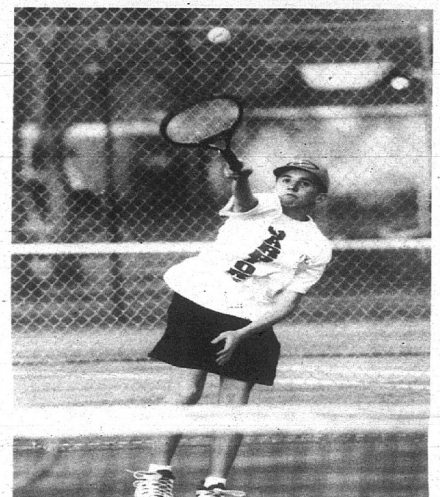
Pat Ryan picked up where he left off last season by winning the Red Dog Pro Stock feature by mere inches over Steve Grotz.

The two played cat and mouse over the entire course of the race until the white flag. As the pair exited the turn four, a lapped car forced Grotz to take the high line around Ryan. Within sight of the checkers, Grotz scraped the wall amid a firestorm of sparks and finished six inches behind Ryan.

Leuck finished a solid evening by placing third in the Pro Stock feature as well.

The Mountain Dew Street Stock main saw Ray Greek turn back a number of challengers to win his first career main event at Tri-City. Greek got past Dan Pilkington, who finished second, and Jeff LeBaube, who placed third.

The Skoal Racing Sprint Car feature was won by Dean Adams over Bruce Donaldson and Tony Stinebaker.



(Staff photo by JOHN FRESSE)  
Warrior tennis — Granite City's Scott Jackson returns one in a doubles match.

## Girls

(Continued from Page 1B)

team that day because of injuries and illnesses.

But the team still managed 14 points, led by Brandt's discus throw. But also scoring valuable points were Nichole Done in the 3200-meter run (12:26), Hill in the freshman 100-meter hurdles (17.8) and Ragan in the freshmen discus (70.0).

"We definitely have some things we're looking to improve on," said Briggs. "Our

health is the main concern, and grades have been somewhat of a concern. Also, we could just use some consistent, nice weather so we can practice and get better."

**THE LADIES ALSO DID** well in a triangular meet held on April 3 at East St. Louis, in preparation for the JJK meet. Granite City finished with two firsts, five seconds, four thirds and six fourths at the event, which also featured Belleville

West. Brandt was first in the discus (123-1) and Done placed first in the 1,600 meters (5:49).

Placing second was Hill in the triple jump (27-3), 100-meter hurdles (18.1) and 300-meter hurdles (54.9); Beth Feenstra in the discus (92-11) and shot put (32-1); Becky Bargiel in the 100-meter dash (13.4) and the 3200 relay team of Dore, Jessica Stegelmeyer, Ginger Gerstner and Crystal Robinson (13:15).

## Sports shorts

**SIUE camps**  
Southern Illinois University-Edwardsville will offer baseball and softball camps for youths on two different experience levels in June.

A baseball fundamentals camp, for ages 7-13, will be held 9-11:30 a.m. June 10-14. The cost is \$65. A baseball advanced camp, for ages 10-18, will be held 9 a.m.-3 p.m. June 17-21. The cost is \$100. Youths may participate in both camps for \$150.

The softball camps are for sixth through eighth graders. A fundamentals camp will be held 9 a.m.-3:30 p.m. June 10-11. The cost is \$60 and

includes lunch. A softball pitching camp will offer two sessions June 13-14: for beginners from 9:30 a.m.-noon; and for advanced players from 1-4 p.m. The cost is \$55.

Also scheduled is a speed and flexibility camp for all sports from 6-8 p.m. June 17-21. The camp is open to athletes ages 10-18, and the cost is \$50.

All camps will be held at SIUE's athletic facilities. For more information, call 692-2660.

**PSG kickoff reception**  
Steve Miller, director of sports marketing for Nike, Inc., will serve as the keynote

speaker for the Prairie State Games Kickoff Reception on Sunday, April 28 at St. Clair Square's center court.

Miller, a native of Illinois and a graduate of both Bradley University in Peoria (B.S. 1968) and Governors State University in Park Forest (M.A. 1970), has been with Nike since 1991 and also has served as the company's director of athletics and director of international sports marketing.

Prior to joining Nike, Miller served as athletic director at Kansas State University (1988 to 1991), executive director of the Pennsylvania State Olympics (1987-88), associate athlet-

ic director at Kansas State University (1985-87) and men's and women's track and cross country coach at Kansas State (1981-85) and California Polytechnic University (1976-81).

The kickoff reception will begin at 7 p.m. and will include a brief program followed by a sports auction. The cost is \$50 per person. For more information, call the PSG office at 632-1002.

**Madison softball**  
The Madison Softball League is looking for teams to fill spots in leagues on two different nights. There are three

(See SHORTS, Page 3B)

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## •Warriors

(Continued from Page 1B)  
were a three-run homer off the bat of Brewer, and a two-run triple from Lloyd. Relleke was 1-for-2 with two more RBIs, and Winfield was 1-for-2 with an RBI.

David Whittington stepped into the starting role and gave the Warriors four solid innings, allowing three earned runs and striking out three.

"Whittington and (Chris) Fiala are both juniors, and they haven't had a lot of opportunities to throw for us," said Lignoul. "And Jeremy Hoback did a nice job at Cahokia on Friday, and he hasn't seen a lot of time yet. But this was our first week with five games, and with six coming up this week I'm sure everyone will get a chance."

Lignoul said he was going to take no chances on Tuesday, as he was set to throw Billy Niepert against East Side. He said he still remembers two years ago when the Warriors were undefeated in the conference and lost to the Flyers.

Brewer will get the call today against Desmet, an "awfully, awfully good team," according to Lignoul; and Justin Bettori will get the Collinsville assignment. Then Hoback can go in Friday's first Round Robin game.

## •Games

(Continued from Page 1B)  
The fests, open only to Illinois residents or those attending school in Illinois, have competition in basketball, soccer, football and volleyball.

The sixth annual Hoops Fest is open to boys and girls in grades 5-11 as of the current school year. About 100 teams from throughout the state competed in the three divisions last year. The Hoops Fest last year in gyms throughout Southwestern Illinois.

The cost to participate is \$115 per team without PSG souvenir T-shirts, and \$165 with 10 PSG T-shirts.

SLUH camps  
St. Louis U. High will offer four separate weeks of basketball camps for boys in grades 5-8. The week-long sessions will be held June 10-14 and 17-21 and July 15-19 and 22-26.

The camps will be held under the direction of senior Billikens coach Don Maurer, and will feature former SLUH players as well as other former local players. The fee for the camp is \$90. For more information, call 314-581-0330, extension 157.



(Staff photo by JOHN FRES) Granite City's Billy Niepert misses a fly ball.

## •Shorts

(Continued from Page 2B)  
spots open in the Wednesday night men's league, and the cost per team is \$325.

The league also has two spots open in the Coed league on Friday nights, and the cost for that league is \$250. Dead-end registration is April 21. Call Jim Broadway at 451-1440 or 452-0721.

**Mitchell leagues**  
The Mitchell Khoury League is announcing that signups for Khoury League play this summer will continue through the month of April. Girls softball leagues, for girls born from 1979 through 1988, are especially needed.

For information regarding softball teams; and when and where signups can be taken, call Jim Greer at 797-1208.

**Pontoon signups continue**  
Signups for the Pontoon Beach Khoury Leagues will continue through the month of April. Boys and girls are needed to fill teams of all ages. The cost for baseball registration is \$35; and for softball and t-ball the fee is \$25.

Signups are being taken at Tracy's Shirt Shop on Park Lane in Pontoon Beach. Each Tuesday through Friday in April, signups will be taken from 10 a.m. to 5 p.m. and Saturday registration will be from 10 a.m. until 4 p.m. For more information, call Tracy at 931-1291, or Ida at 797-5477.

**Shoedienst Golf Tourney**  
Fontbonne College will hold the Red Shoedienst Fontbonne College All-Star Golf Tournament on Monday, July 8 at the Glen Echo Country Club, located off Lucas and Hunt Road in St. Louis.

St. Louis Cardinals Hall-of-Famer Red Schoendienst will be the master of ceremonies, and will be joined by local personalities and current Cardinals players. The foursome scramble tourney will begin with registration at 10 a.m.

Lunch and dinner will also be served for participants; prizes, contests and awards will be handed out after the dinner. The cost for the tournament is \$350 per player, and

\$1,350 per foursome. The cost includes greens fees, cart, driving range, lunch, cocktails, dinner, prizes and gift pack. Special sponsorships are also available. Call (314) 889-1412.

**Billiken soccer camps**  
Saint Louis University has released the schedule for its Billiken soccer camps next summer. One day camp will be held at Chaminade High School, while two residential camps will be held — one at Chaminade and one at SLU.

Boys and girls under age 14 will attend a day camp from June 10-14 and 17-21 at Chaminade. A residential camp will be held at Chaminade for advanced boys ages 13-18 only on June 9-13.

Another residential camp will be held at SLU for boys and girls ages 9-12, and advanced boys ages 13-18 on June 23-27. From July 18-20, a girls-only camp for ages 9-18 will be held, and boys-only advanced camp for ages 9-12 and 13-18 will be held on July 21-25 and 28-31.

Call (314) 977-3177.

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Tropical Fruit Cocktail	Jelly-o Selections	Fried Wonton	Egg Drop	Fried Fish
Carrots	Happy Cookies	Vegetables	Wonton	Beef Brisket
Hamming Melon	Cake	Crisp Rangoon	Chicken Noodle	Lamb (soft noodle)
Watermelon	Hot & Sticky Tarts	Hot Braised Pork	Sizzling Szechuan Delight	Black Pepper Chicken
Oranges	Apple Pie	Fried Crab Stick	Fresh Salad	Fried Noodles
Pineapple	Cheese Cake	Sautéed String Beans	Hot Wings	Sweet & Sour Chicken
Bananas	Hot Wings	Braised Chinese Chicken	Mac & Cheese	Pork & Cauliflower
	Manchurian Potatoes	St. Louis Pizzas		

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## Wanted: Stats, standings

The Journal is always on the alert for organized recreational sport results. If your league is interested in having weekly standings and results published, please send information to:

Journal Sports, 1815  
Delmar, Granite City, Ill 62040  
or fax to: 876-4240.  
For more information, call the Sports Department at 877-7700.



## REVCO BEVERAGE SALE DATES 4/17 THROUGH 4/20

 <b>KEYSTONE PREMIUM</b>  <b>KEYSTONE LIGHT</b> <b>4.49 12-pack</b> Keystone Premium or Light 12-pack, 12 oz. cans.	 <b>BUSCH</b>  <b>BUSCH LIGHT</b> <b>10.49 24-pack</b> Busch Original or Light 24-pack, 12 oz. cans.	 <b>Hamm's</b>  <b>Hamm's</b> <b>7.49 24-pack</b> Hamm's All varieties 24-pack, 12 oz. cans.	 <b>RED DOG</b>  <b>ICEHOUSE</b> <b>6.49 12-pack</b> Red Dog or Icehouse 12-pack, 12 oz. cans.
 <b>JIM BEAM</b> <b>14.99 each</b> Jim Beam 1.75 L.	 <b>CANADIAN MIST</b> <b>12.99 each</b> Canadian Mist 1.75 L.	 <b>TANQUERAY</b> <b>13.49 each</b> Tanqueray Gin 750 ml.	 <b>SMIRNOFF</b> <b>14.99 each</b> Smirnoff Vodka 1.75 L.
 <b>PASSPORT SCOTCH</b> <b>13.99 each</b> Passport Scotch 1.75 L.	 <b>CROWN ROYAL</b> <b>16.99 each</b> Crown Royal 750 ml.	 <b>ALMADEN WINE</b> <b>4.29 each</b> Almaden Wine Blush Chablis or Golden Chablis, 1.5 L.	 <b>CARLO ROSSI</b> <b>6.49 each</b> Carlo Rossi Rhine, Vin Rose or White Grenache, 4 L.
 <b>BARTLES &amp; JAYMES</b> <b>2.99 4-pack</b> Bartles & Jaymes 4-pack, 12 oz., non-returnable bottles.			

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# Community calendar

Our event calendar also includes entries for community groups and their normal meeting days. Such groups meet on the first Monday of the month, the first Tuesday of the month, etc. Readers are encouraged to call these groups if holidays or other days pose uncertainty.

Corrections, additions and deletions of information are encouraged, and new entries may be added at anytime by calling the newsroom at 876-2000.

This calendar runs in every Wednesday's Journal.

## Wednesday, April 17

Granite City Business and Professional Women meeting at Jerry's Cafeteria. Dinner at 6:30 p.m., followed by a program at 7:15. Open to the public. For more information call 452-5391 or 451-6914.

Disabled American Veterans Chapter 53 will offer a service officer from 1 to 3 p.m. at the Tri-City Veterans Home, located at 1417 10th St. in Granite City. Call 876-7816 for more information.

Pontoon Beach Senior Citizens bingo, noon, 3910 Illinois 111, Pontoon Beach.

Pulmonary Support Group, for persons with diagnosed lung condition, 11 a.m. to noon in 4-Doctors Solarium, St. Elizabeth Medical Center, 798-3019.

Singles Connection will hold an indoor card and game night at 7 p.m. at First Federal Savings and in Edwardsville. Bring your favorite card or board game. Call Linda at 656-3864 for more information.

Al-Anon, 7:30 p.m. Gateway Foundation, 600 W. Lincoln Ave., Caseyville. Call 463-2429 for more information.

Alcoholics Anonymous, 11 a.m. and 8 p.m., 2116 Club, 2116 Edison, Granite City, 1 (800) 307-6600.

Alcoholics Anonymous, 8 p.m., St. Elizabeth School's Noah's Ark Day Care, Pontoon Beach, Granite City. The meetings are closed except for the last Wednesday of the month.

Collinsville Area Recreation District in conjunction with the Boots and Slippers Square Dance Club will sponsor square dance lessons from 7 to 9 p.m. at Lanham, 2200 Vandana

lia St., Collinsville. The cost is \$2.50 per person. Per session. For information, call 344-4636 or 344-1183, or contact CARD at 346-7523.

Divorced and Separated Groups, Minister, 7:30-9 p.m., Eden United Church of Christ, 903 Second Street, Edwardsville, 656-9268.

Parents Anonymous Group, meets 6 to 8 p.m. For information on where meeting will be held, call Elaine Landolt, 462-2714.

Madison Community Action Group, meets at 7 p.m. For more information call Dena at 452-2336 or Diane at 876-1360.

## Thursday, April 18

Alzheimer's Support Group meets from 6:30 to 8 p.m. in the President's Room, inside Bonaventure's Cafeteria, on the ground floor of St. Elizabeth Medical Center, 2100 Madison Ave. The group focuses on addressing the questions and concerns of care-givers and family members of people with Alzheimer's. All meetings are open to community members. Call 798-3018 for more information.

Lions Club of Pontoon Beach meets at 6:30 p.m. at the Lions Den, 3901 Lake Drive in Pontoon Beach. Anyone interested in helping the visual or hearing impaired are welcome. Call Bob at 797-0747 for more information.

Singles Connection will eat ice cream at 7:30 p.m. at Bob's Frozen Custard, Illinois 159 in Marysville. Call John at 345-5042 for more information.

Chouteau Township Senior Citizens meet 8 p.m. at Social Center, 906 Thorngate Drive, Mitchell.

Eagle Park Area Seniors of Madison meet from 10 a.m. to noon at 100 Hill St. (rear), Eagle Park Acres, Madison.

Alcoholics Anonymous, 8 p.m., 2116 Club, 2116 Edison, Granite City, 1 (800) 307-6600.

Alcoholics Anonymous, 8 p.m., Presbyterian Church, Mitchell, 1 (800) 307-6600.

Alcoholics Anonymous, 11 a.m., 2116 Club, 2116 Edison Ave., Granite City, 1 (800) 307-6600.

Take Off Pounds Sensibly Chapter 2363, 6:45 p.m. at Anchorage Recreation Center, 2909 Edwards St. For information, 797-6351 or 877-2784.

Al-Anon, 8 p.m. Wellness Center, 2103 Iowa, 463-2429.

Narcotics Anonymous, Seeking recovery, 8 p.m., 2016 Delmar Ave., 24-hour hot-line 398-9409.

Overeaters Anonymous, 7:30 p.m. at First Christian Church, 2415 N. 89th St., Caseyville. For information, call 1 (314) 638-7821.

Granite City Community Band rehearsals, 7:30 to 9 p.m., St. John United Church of Christ, 2901 Nameoki Road, Granite City, 931-0443.

## Friday, April 19

Al-Anon meets at 8 p.m. in the Milonski Room in the basement at St. Elizabeth Medical Center, Call 463-2429 for more information.

Alcoholics Anonymous, noon and 8 p.m., 2116 Club, 2116 Edison, Granite City, 1 (800) 307-6600.

Friday Afternoon Pinochle Club for seniors 55 and over meets at 12:30 p.m. at the Harold Brown Building, Franklin Avenue and Pontoon Road. Call 877-6350 for more information.

Granite City Eagles Auxiliary 1128 will hold a dessert sale from 5 to 8 p.m. at the Eagles Hall, 2558 Madison Ave. in Granite City. Proceeds go to the Golden Eagle Fund for Senior Citizens. Music will be provided by Johnny Reed at 7 p.m.

Holy Family Fish Fry will be held from 4 to 7 p.m. at St. John's Church in Granite City. Plates are \$4.50 and sandwiches are \$3.50. Carry-outs available.

Singles Connection will see a "Midsummer's Night Dream" at 7 p.m. at the Southern Illinois University at Edwardsville Theater. Cost is \$7. Call Darwin at 656-8601 for more information.

STEWISS (Support Together for Emotional and Mental Serenity and Sobriety), A support group for people with a mental illness and an alcohol or substance abuse problem, meets from 1:30 to 2:30 p.m. at Pascal Hall, St. Elizabeth Medical Center, Call 798-3604 for more information.

## Saturday, April 20

Madison County Humane

Society will hold an Adopt-A-Pet Day from noon to 4 p.m. at the O'Fallon PetsMart Store.

Obsessive/Compulsive Disorder Support Group, meets at Von Gontard Conference Center at St. John's Mercy Medical Center, 615 South New Balas Road, 10 a.m. Meeting is free and open to OCD patients, family and friends. For information call 1 (314) 843-3578.

Singles Connection will see a comedy show and eat dinner at the Holiday Inn Dinner Theater in St. Peters, Mo. The cost is \$32. Meet at Omni Bank at 1270 and Illinois 111: RSVP to Doris at 887-4506.

Alcoholics Anonymous, 8 p.m., 2116 Club, 2116 Edison, Granite City, 1 (800) 307-6600.

Al-Anon Adult Children, 10 a.m., 2016 Delmar Ave., 463-2429.

Narcotics Anonymous, Acceptance, 8 p.m., 2016 Delmar Ave., 24-hour hot-line 398-9409.

Rescue Mission, 1536 Fourth St., Madison, food pantry is open from 9 a.m. to noon. Samuel Turner is the chairman, Valonda Turner is the secretary and Alfred Turner is the pastor.

## Sunday, April 21

The Pontoon Beach Jaycees regular meeting is held at 7:30 p.m. at Ralph and Charles Steak House. The meetings are open and the public is invited.

Singles Connection will meet at 8 p.m. at Woodland Park in Collinsville. Bring softball equipment for a game. Call Darwin at 656-8601.

Craft Show and Flea Market will be held from 10 a.m. to 4 p.m. at the Pontoon Beach Senior Citizens building, 3910 Highway 111. For more information, call 756-2513.

Italian Spaghetti Dinner will be served from 11 a.m. to 3 p.m. at the Granite City Township Hall, 2060 Delmar Ave. in Granite City. Cost is \$4.50 for adults, \$3 for children 12 years of age and under and free for those 3 years of age and under. Sponsored by Trails West Council Boy Scouts of America and the Religious Relationship Committees. Included is pasta, salad, Italian bread and dessert. Coffee,

tea and soda will be available.

Alcoholics Anonymous, 1:30 p.m. and 8 p.m., 2116 Club, 2116 Edison, Granite City, 1 (800) 307-6600.

Narcotics Anonymous, Live the Steps, 8 p.m., 2016 Delmar Ave., 24-hour hot-line 398-9409.

Alcoholics Anonymous, 8 p.m., St. Elizabeth Medical Center, Pascal Hall, main floor, Granite City, 1 (800) 307-6600.

Eagles Auxiliary 1126 Bingo, 1 p.m. at the Nameoki Bingo Center. Also included will be a color raffle, 50/50 drawing free games and other raffish.

## Monday, April 22

Arthritis Support Group, 7 p.m., Alton Memorial Hospital cafeteria, Room B.

Seniors Social Club, business meeting at 6 p.m. at the Granite City Township Hall, 2060 Delmar Ave. in Granite City. Dessert is served following the meeting. Games and bingo are played at 7 p.m. Call 877-1215 for more details.

Singles Connection will eat at 6:30 p.m. at Pantera's in Edwardsville. Call Charlie at 931-5611 for more information.

Alcoholics Anonymous, noon and 8 p.m., 2116 Club, 2116 Edison, Granite City, 1 (800) 307-6600.

Al-Anon, 9:30 a.m., 2116 Club, 2116 Edison, Granite City, 463-2429.

Chemical Dependency Relapse Prevention group meets from 6:30 to 8:30 p.m. at the Edwardsville Health Center, 1123 University Drive in Edwardsville. The group focuses on eliminating relapse-prone thinking, feeling and behavior patterns and helping group members grow in sobriety. For more information, call 798-3888.

First Place, a Christ-centered nutrition program, meets from 6 to 7 p.m. at First Baptist Church, 2041 Delmar Ave. in Granite City.

Neglected Victims of Child Sexual Abuse, a support group for nonoffending parents of victims, meets from 6 to 7:30 p.m. at Southern Illinois University at Edwardsville's Rape and Sexual Abuse Care Center. Call 692-2197 for details.

City: 876-2124.

TOPS II, 6:45, 7 p.m., Anchorage Recreation Center, 2902 Edwards St., Granite City, 452-6102. Men and women welcome.

## Tuesday, April 23

Behavioral Health System will present a talk on "The Phases of Recovery From Chemical Dependency" at 7:30 p.m. in Pascal Hall at St. Elizabeth Medical Center, 2100 Madison Ave. in Granite City. The speaker will be Steve D'Amore, M.D. This talk is free and open to the public. Call 798-3888 for more information.

Benevolent and Protective Order of Elks, Granite City Lodge 1063, Maryville Road, Granite City, 931-3557, 8 p.m.

Cloverleaf-East Madison Fire Protection District will meet at 9:30 a.m. at 2022 Fourth St. in Madison. The meeting is open to the public.

Granite City Eagles Auxiliary 1126 will hold its second meeting of the month at 7:30 p.m. at the Eagles Hall, 2558 Madison Ave. in Granite City.

Job's Daughters Bethel #44 meets at 7 p.m. at the Masonic Temple, 20th Street and Cleveland Boulevard.

Knights of Columbus, 3rd Degree, 4225 Old Alton Road, 7:30 p.m., 877-4250.

Osotony Support Group, 2 to 4 p.m., Pascal Hall, main floor, St. Elizabeth Medical Center, 798-3167.

People Needing People Bereavement Support Group, 7 to 9 p.m., Wiesman Room, first floor, St. Elizabeth Medical Center; call Hospice of Madison County, 798-3399.

Singles Connection will play volleyball at 6:30 p.m. at the YMCA, Esic Drive in Edwardsville. There is a \$3 fee for three hours of play. Call Frank at 876-4315 for more information.

Depressive Manic Depressive Association of Madison County will meet from 7 to 9 p.m. at St. Elizabeth Medical Center, James E. Lewis and Karl A. Strassman, Co-leaders of the DMDA, will conduct the meetings. For more information, call 877-7517 or (314) 776-4929.

(See CALENDAR, Page 6B)

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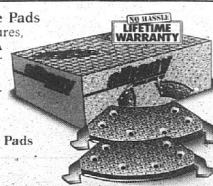
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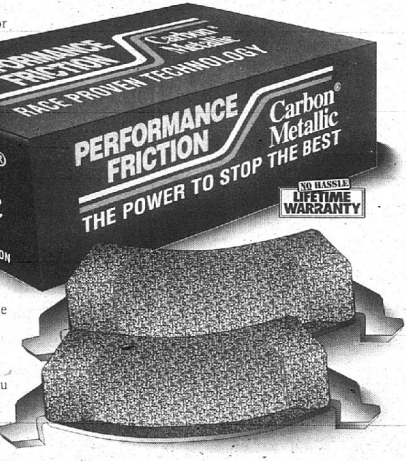
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## Births

**Brooke Coppedge**  
Angela Coppedge of Granite City has announced the birth of her first child, a daughter, Brooke Leigh Ann Coppedge was born Dec. 2, 1995, at Touchette Regional Hospital in Centerville and weighed 6 pounds, 5 ounces. She was 19½ inches long.

Her grandparents are Daniel and Teresa Coppedge of Granite City.  
The great-grandparents are Emmitt King, Mildred Evans and Clifford and Marylynn Coppedge, all of Missouri.

**Douglas Britt**  
Kenneth and Becky Britt of Granite City have announced the birth of their second child, a son.

Douglas James Britt was born Dec. 4, 1995, at Christian Hospital Northwest in St. Louis and weighed 8 pounds, 15 ounces.  
The mother is the former

Becky Wilson.  
Maternal grandparents are Jerry and Carol Wilson of Granite City. Paternal grandparents are Kenneth and Jean Britt of Granite City.  
Douglas joins Jonathan, 2.

**K. Slayton**  
Keith and Donna Slayton of East St. Louis have announced the birth of their fourth child, a son.

Kristopher Wayne was born at 9:25 a.m. on March 18, 1996, at Belleville Memorial Hospital and weighed 8 pounds, 1 ounce.

Maternal grandparents are William and Nancy Knight of East St. Louis.

Paternal grandparents are Bob and Sharon Kugler of Granite City.  
Kristopher joins Alex, 6, Amber, 5, and Amanda, 21 months.

**Cody Steadman**  
Richard Steadman and

Christine Embrey, both of Granite City, have announced the birth of their first child, a son.

Cody James Steadman was born Dec. 30, 1996, at Anderson Hospital in Maryville and weighed 5 pounds, 4 ounces. He was 18 inches long.

Maternal grandparents are James and Connie Embrey of Granite City. Paternal grandmother is Georgia Cagle of North Carolina.

**Nicholas Ursch**  
Tim and Teresa Ursch of

Edwardsville have announced the birth of their second child, a son.

Nicholas Mark was born at 12:09 a.m. on March 20, 1996, at Anderson Hospital and weighed 9 pounds, 2½ ounces.

Maternal grandparents are Mark and Sally Speciale of Edwardsville.

Paternal grandparents are Irv and Cathy Schallenberg of Granite City.  
Nicholas joins Kaitlyn, 3.

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**APRIL 24**

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<p><b>BASIC TUNE-UP</b></p> <p>4 cylinder <b>\$44.95</b> 6 cylinder <b>\$49.95</b> 8 cylinder <b>\$54.95</b></p> <p>Expires 5/15/96</p>	<p><b>MAJOR TUNE-UP</b></p> <p>4 cylinder <b>\$129.95</b> 6 cylinder <b>\$149.95</b> 8 cylinder <b>\$159.95</b></p> <p>Expires 5/15/96</p>

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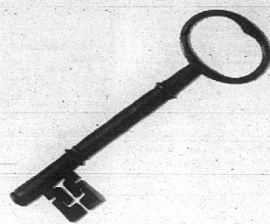
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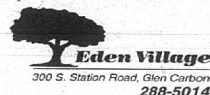
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**UNITY HEALTH NETWORK**







## Annual 'Music, Music' program set

The first spring flowers are bursting into bloom, the trees are about to unfurl their buds into leaves, the St. Louis Cardinals have played their first home game of the season.

After a long, hard winter, spring has arrived. A good time to "make a joyful noise unto the Lord."

Church Women-United is once again helping that effort by presenting its 13th annual "Music, Music" program, which showcases talent in area churches. Each year, a different church hosts this celebration.

The Church Women United Christ With Us Choir is a

group from a variety of the area churches. They will be first on the program to help welcome everyone to this ecumenical celebration. Following will be the Hope Lutheran Church Choir from the host church.

Included in the program will be a young violinist, who is becoming better known with each performance; a guitarist and singer, who has inspired many in the community; a church orchestra, known as "The Amigos"; and a state champion harmonica player.

For everyone's enjoyment, Church Women United also will present the "Timbre

Tones" from the Salvation Army and an excerpt from "The Impact," presented by the Granite City Dance Studio.

One of the highlights of the afternoon, which will be of special interest to children of all ages, will be a puppet and clown performance.

This 13th presentation of "Music, Music" will be held at 2 p.m. Sunday, April 21, at Hope Lutheran Church, 3715 Wabash Ave. in Granite City. Tickets are \$3 per person for adults and \$1.50 for children over 6 years of age and may be purchased from church representatives or at the door.

Light refreshments will be served following the program.



**Donation** — The Disabled American Veterans Auxiliary 53 presented a \$500 check to Butch Wojtowicz, executive director of "Christmas in April" for the tri-cities area. Shown are, from left, bingo chairman Mary E. Scarsdale, Wojtowicz and treasurer Nancy Colby.

## Briefly

True Fellowship Missionary Baptist Church, 1641 Third St. in Madison, is celebrating its fourth church anniversary April 15-19 at 7:30 p.m. nightly, culminating at 4 p.m. Sunday, April 21.

The theme of the anniversary is "The Church of God."

The speakers will be the Rev. Duane Burch of Greater St.

Paul Baptist Church in St. Louis, the Rev. John Rouse of Mount Zion Missionary Baptist Church, the Rev. Jerome Jackson of Southern Mission, the Rev. Ronald Bobo of West Side Baptist Church in St. Louis and the Rev. Reginald D. Rogers of Lite of Jericho in St. Louis.

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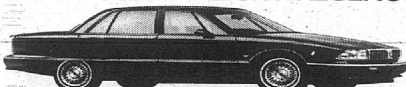
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## Briefly

Granite City High School graduating seniors who attended Mitchell School one or more years are eligible to apply for the Laurabeth Witkamp Award, presented by Mitchell Parent-Teachers Association.

Applications for the \$200 award may be

picked up in the Granite City High School guidance office, beginning April 15. The deadline for applications is Friday, April 26. The winner will be notified by telephone, and the presentation will be made at the senior awards night May 23.

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**Date:**  
Thursday, May 2, 1996

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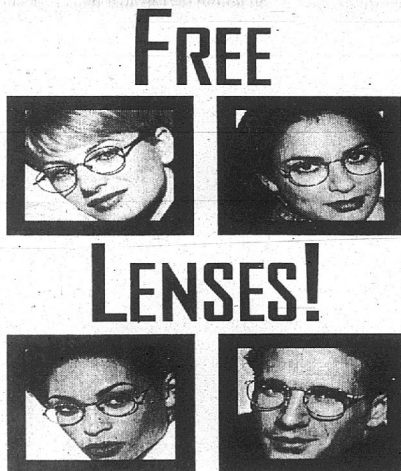
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**re-ha-bil-i-tate** v.—to restore or bring to a condition of health or; to restore to a former capacity. See St. Elizabeth's Hospital Comprehensive Medical Rehabilitation Unit.

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# Today's Food

Wednesday, April 17, 1996

## Food & Nutrition

### Wise Ways

'Mad cow disease' spurs uprising in Britain, doubles efforts to avoid it in the U.S.  
**INSIDE**

### Heart-y Bites

Women tend to guard a favorite guy's heart health, while they stand in line to get heart disease, too.  
**INSIDE**

### Blue Ribbon Cook

A few ingredient switches gives lemon nut bread mix an extra dab of richness for a potluck celebration.  
**INSIDE**

### Private Label Test Run

Eye-opening fresh orange juice is a treat for many people any time of day. Tasters sipped the Dierbergs brand to see if they would stock it in their own refrigerators.  
**INSIDE**

### Micro Raves

Pair pasta with low-fat ingredients to help shape up and fill up with healthful, delicious flavors.  
**INSIDE**

### Lively Taste

Cook rice in broth, juice or flavored water for more flavor. Adding meat to the dish paves an easy road to dinner success. For lemony chicken and rice, cook 1 pound boneless, skinless chicken breast, cut in strips, and 1 clove garlic, crushed, in 1 tablespoon olive oil until browned. Stir in 1 cup uncooked long grain rice and 1 can (14-1/2 ounces) chicken broth. Cook, covered, 15 minutes or until liquid is absorbed. Stir in 1 tablespoon grated lemon peel and 1/2 teaspoon pepper. Makes 4 servings.

## Health & Fitness

### Medicine Chest

Keeping an eye on contact lens maintenance is a must for old and new users of the convenient aids.  
**INSIDE**

### Fresh Picks

Select bright green asparagus with closed, compact, firm tips. Keep it cool and moist only a few days until it is used. Overcooking makes it mushy and watery. An easy way to cook it is to tie together a bundle and place in an upright pot or steamer — a coffee pot or bottom of a double boiler is perfect — with enough water to cover lower half of spears. Cook, covered, until tender-crisp. Fry it served with lemon juice. Spices that go well with asparagus are chives, parsley, chervil, savory and tarragon.

### Big Fat Tip

French toast sticks often are high in fat, but there are ways to cut it. To start, combine 3/4 cup uncooked Cream of Wheat cereal, 1/4 cup sugar and 1 teaspoon cinnamon. In second bowl, combine 2/3 cup yolk-free egg product and 1-1/2 cups skim milk. Cut each of 6 slices raisin bread in thirds. Dip bread in egg mixture, then cereal mixture. In large nonstick skillet coated with butter-flavored nonstick coating, melt 1-1/2 teaspoons margarine. Cook half the bread 5 to 7 minutes, turning to brown all sides. Repeat with another spraying and 1-1/2 teaspoons margarine. Serve with warm maple syrup.

### Future Shop

Supermarket delis may try to offer take-out foods different than what people get elsewhere, but they may note about 80 percent of all McDonald's customers order french fries.

Flavorful light cream cheese is warmed until just soft to please brunch browsers.



## BRAVO for brunch

By Janice Denham  
Staff writer

Looking for a time when the family can eat together? Try brunch on the weekend.

It takes little preparation and can be a deluxe breakfast early in the day or expanded with heartier or sweet foods and served at midnight. For a morning menu, plan pancakes and bagels.

To glamorize simple pancakes, add warm toppings and cool fillings.

For instance, add 1 to 2 teaspoons vanilla extract to the batter when serving them with fruit flavors, introduce chocolate to match a cream

filling or whip the egg whites for fluffy stacks.

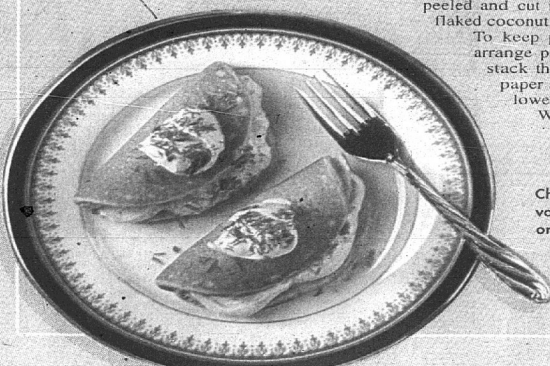
If a family is torn between toppings, combine pancake syrup to honey 2-to-1. If that doesn't suit everyone's tastes, stir a couple tablespoons strawberry jam into the warm mixture until it melts. For creamy fruit filling, mix fresh strawberries with strawberry yogurt. Save some to dollop on top after pancakes unfold the sweet, low-fat mixture.

For tropical delight, drain 2 cans (8 ounces each) pineapple tidbits. Stirring constantly over medium heat, bring the juice and 2 teaspoons cornstarch to a boil. Boil and stir 1 minute. Remove from heat. Gently stir in pineapple, 1 kiwifruit, peeled, sliced and halved, 1 mango, peeled and cut in 1-inch pieces, and 1/4 cup flaked coconut.

To keep pancakes warm a short time, arrange pancakes on a cookie sheet or stack them between pieces of waxed paper and place in an oven set at its lowest temperature.

Warm the hearts of those who

**SEE BRUNCH,**  
**INSIDE TODAY'S FOOD PAGE 2**



Chocolate lightly or boldly flavors pancakes for a breakfast or dessert brunch. For more chocolate flavor, add mini chocolate chips, mix in a sprinkle of cocoa powder or blend with chocolate syrup.

## WAFFLE WONDERS



Frozen waffles are an easy fix-up for brunch with kids. Put a toaster right on the table and let them heat their own. The punch line is to add easy toppings — more healthful than not. Fruit spreads, fresh fruit, spreadable cheese, cottage cheese and sliced turkey ham are possibilities. For dessert brunch, top a toasted waffle with a small scoop of frozen yogurt and sprinkle with finely chopped dried or fresh fruit. Don't forget a jar of candy sprinkles; no kids can resist them.

Rock Turner Graphic



# Today's Food

## Private Label Test Run

### 'Fresh' orange juice squeezes into market

Many juice drinkers have grown up believing orange juice lives in a freezer, because that is all they ever were served. However, others find a world of difference between condensed frozen juice that is reconstituted and orange juice by the carton that was not squeezed by human hands at the store but is "fresh" because it never has had moisture taken from it and has all the heartiness of the actual fruit.

The price of this product reflects its premium status, but Dierbergs "home-squeezed" Florida orange juice at \$2.39 per half gallon compares at prices of as much as \$2.99 for national brands. Several tasters who are fans of the premium variety liked what they tasted.

"The Dierbergs premium is comparable to national brands. It has a good fresh-squeezed taste, much better than frozen. We go through two to three cartons a week. I buy whatever is on sale. If nothing is on sale, this is a good alternative," a taster said. Another uses it for its "comfort" value. "I usually get the pre-

mium orange juice because I like the fresh-squeezed taste and the Dierbergs brand is very sweet and I like tasting the pulp, just like my grandmother used to squeeze," she said.

Another looked at more than just the taste. "The o.j. is good. It has some pulp, but not too much, just enough to show it's fresh. It has sweet flavor, too. Its color and appearance are good. I also like the pour spout, which is less messy and gummy than the old-fashioned way," she said.

There was a little left, so the carton was laid on its side in an office refrigerator overnight — gladly without a spill.

"I prefer eating oranges over drinking orange juice because I want the fiber, but when I have company, I always get this type and appreciate not paying next week's salary for orange juice. Thus, I call it a bargain, too," a taster said.

One found it a new product. "I only buy frozen and never have tried the premium, but I do like this better and it's not that much more expensive than frozen."

## Micro Raves

### Pasta shapes up spring with eye on skinny meal

Pasta has style and class any way you toss it or sauce it. Pasta, like the potato, is low-fat or no-fat but what goes on top should have its label checked for fat, calories and sodium content. If shaping up the winter waistline is on your menu, look at the many excellent no-fat products such as cottage cheese, cream cheese, margarine, yogurt, mayonnaise and salad dressings.

Pasta can be cooked in a microwave oven. It takes about the same amount of time as being cooked conventionally because the pasta must be reconstituted, so saving time is not a factor.

Pasta is easy to cook when the basics are followed. Use a large pot and plenty of water because pasta needs room to move and circulate. Bring the water to a boil before adding the pasta, then add it slowly and stir. Follow recommended cooking time on the package. Perfect pasta should be slightly firm in the center. Drain the pasta in a colander set in the sink.

Certified food and nutrition scientist Barb Gray specializes in microwave cooking.

#### VEGETABLE AND CHEESE PASTA

1 pkg. (7 oz.) uncooked

- 1 pkg. (10 oz.) frozen chopped spinach
- 1 cup thinly sliced carrot
- 1 small onion, chopped
- 1 clove garlic, minced
- 1 tbs. margarine
- 1 carton (12 oz.) nonfat cottage cheese
- 1½ tsp. Worcestershire sauce
- 1 cup (4 oz.) shredded reduced-fat mozzarella cheese
- 2 tbs. parmesan cheese

Cook macaroni as directed on package. Drain and rinse.

Microwave spinach in package on high power, removing wrapper if it is foil, 5 to 6 minutes — until spinach is hot. Open package and squeeze out excess moisture.

In 2-quart microwave-safe casserole, microwave carrot, onion, garlic and margarine on high power 3 to 4 minutes until tender. Add cottage cheese, Worcestershire sauce, macaroni and spinach. Mix lightly. Cover with casserole lid or plastic wrap, venting edge. Microwave on high power, stirring once, 7 to 8 minutes until heated through.

Stir in mozzarella cheese. Sprinkle with parmesan cheese.

Makes 6 servings, 265 calories each.

#### SALMON FETTUCCINI

- 4 oz. uncooked fettuccini
- 1 tbs. margarine
- 1 small onion, chopped
- 3 cups fresh spinach leaves
- 1 can (7 oz.) red salmon, drained
- ¼ cup reduced-calorie mayonnaise
- ¼ cup plain low-fat yogurt
- ¼ tsp. salt weed
- Pinch pepper

Cook fettuccini as directed on package. Drain and rinse.

In 1½-quart casserole, microwave margarine and onion on high power 1½ to 2 minutes until onion is tender. Add spinach. Cover with lid or plastic wrap vented at one edge. Microwave on high power 3 to 3½ minutes until spinach is limp.

Flake salmon with fork; remove any large bones. Add salmon, mayonnaise, yogurt, dill and pepper to spinach. Mix lightly.

Arrange fettuccini on microwave-safe serving plate. Top with salmon mixture. Microwave on high 3½ to 4 minutes until heated through.

Makes 4 servings, 275 calories each.

## Heart-y Bites

By KITTY QUINN

### Woman holds blueprint to health

Sue was typical. Her greatest health concern was breast cancer. Always worried about her husband's high cholesterol, she supervised what he ate. She stashed away cheeses and desserts for herself to avoid tempting him.

When her sister had a heart attack, she began to worry about heart disease. Sue's doctor said having this close relative suffer a heart attack increased her risk of having one, too.

Sue had her own cholesterol checked and reviewed her risk of the disease in "Epidemic: The Truth About Women and Heart Disease," a free pamphlet available from the American Heart Association by calling 45-HEART.

To her surprise, twice as many women die from heart disease than all forms of cancer. She assessed her risks.

Smoking is women's greatest risk. Her sister smoked, but Sue never did. She fell behind by being 20 pounds overweight and not exercising.

She was determined to do better. Her cholesterol test registered high, so she listened to a registered dietitian's counsel about low-fat eating.

She began to exercise and worked up to 30 minutes of brisk walking daily, faithfully using her husband's treadmill when the weather kept her inside. The simple act of walking helped reduce stress, another risk factor.

Because she was beginning to experience menopause, Sue and her doctor discussed estrogen replacement therapy. Some studies indicate it helps protect against heart disease.

Her gradual weight loss would have a positive "side effect," her doctor said, because many middle-aged, overweight people may develop diabetes, thus doubling the risk of heart attack.

Registered dietitian Kitty Quinn is a member of the nutrition committee of the American Heart Association.

#### HAITIAN RICE AND BEANS

- 1 tsp. olive oil
- 3 green onions, chopped
- 1½ cups frozen black-eyed peas
- 2 cups water
- ½ tsp. salt
- 1 cup uncooked rice
- ¼ tsp. ground cloves
- ¼ tsp. thyme

In large saucepan, sauté onion in oil until transparent. Add black-eyed peas. Sauté lightly.

Add water and salt. Bring to boil. Add rice, thyme and cloves. Reduce heat to simmer. Cook, covered, 25 to 30 minutes.

Makes 4 servings; 266 calories, 4 g fat.

By CYNTHIA FAUSER

#### SAVORY CHUCK STEAKS

- 4 boneless beef chuck eye steaks, cut 1 inch thick
- ¼ cup steak sauce
- 2 tbs. packed brown sugar
- 2 tbs. fresh lime juice
- ¼ tsp. ground red pepper

Combine steak sauce, brown sugar, lime juice and red pepper. Reserving 2 tablespoons marinade, place remainder in plastic bag with beef. Turn to coat meat. Close bag securely. Marinate 10 minutes.

Pour off and discard marinade. Broil or grill steaks over medium coals, turning once, 14 to 20 minutes for rare to medium. Brush with reserved marinade last 2 minutes.

bine chocolate yogurt (from 6-ounce cartons) with fat-free sour cream, reduced-fat whipped topping or whipped cream, or use chocolate pudding.

#### UPSIDE-DOWN OVEN PANCAKES

- 1 pkg. (14 oz.) turkey sausage links
- ½ cup maple-flavored syrup
- ¼ cup (½ stick) margarine or butter
- 1 cup all-purpose baking mix
- 2 tbs. sugar

Stir together baking mix, sugar, milk, egg and oil. Carefully pour by scant ¼ cupful in 6 portions over syrup mixture. Bake 10 to 15 minutes until very light golden and top springs back when touched lightly in center.

## Blue Ribbon Cook

### Banana bars win; send in mom's best

Marcia Francis, Glen Carbon, Ill., is the winner of this week's dinner certificate from the Pasta House Co. for Sour Cream and Banana Nut Bars.

While the recipe is made with a packaged mix, its extra ingredients make it special and the winner says, a dessert appropriate for toting to a potluck dinner.

Recipes in the Mom's Best Recipe Contest will be accepted through April 30 for consideration as winner each of the five weeks in May. It can be for any type of dish.

Send one recipe per household to: Mom's Best Recipe Contest, Suburban Journals, 174 Deer Tracks Trail, St. Louis, Mo. 63131.

Type or print the recipe legibly on one side of paper. Include name, address and telephone number on the entry. Include the name of the *Journal* you receive. Be sure to double-check the recipe as it is written for both amounts and directions, including any variations that make this dish special.

If there is a history to the recipe, it will be considered part of the entry. Along

with taste and eye appeal, it will be part of the basis for selecting winners.

#### SOUR CREAM AND BANANA NUT BARS

- ½ cup (1 stick) butter or margarine
- ¼ cup granulated sugar
- 1 egg
- 1 carton (8 oz.) sour cream
- 1 tsp. vanilla
- 2 pkg. (7 oz. each) banana-nut muffin mix
- 1 cup confectioner's sugar
- 2 tbs. milk

Preheat oven to 350°. Grease 13-by-9-inch baking pan.

In saucepan over low heat, melt butter. Remove from heat.

Add one ingredient at a time. In order, stir in granulated sugar, egg, sour cream, vanilla and muffin mix. Mix well.

Spread batter in prepared pan. Bake in preheated oven 20 to 30 minutes until cake tests done.

Let cool in pan.

Combine confectioner's sugar and milk.

## Wise Ways

### Britain's disease threat beefs up cows' feeding

Travelers planning a trip to Great Britain should watch with interest as that country deals with health and economic implications of "mad cow disease."

As I write this, the British are planning a wholesale slaughter of their herds, while my daughter and her grandmother are touring England and Ireland. My best advice to them was to live on fish and chips, because when they left there was not much information about bovine spongiform encephalopathy (BSE) or diseases in humans to which it is linked.

Much of Europe has put a ban on imports of British beef. British grocers hastily put out brochures explaining their beef source and marking their store items that contain beef. McDonald's, Wendy's and Burger King took beef off their United Kingdom menu several days until alternative sources could be found.

Is all this necessary? From a public confidence perspective, yes, it is.

However, the practice of adding sheep protein to beef feed, the cause of the problem, was banned in 1988, so the disease among beef animals has peaked and declined. British cattle-men are paying the high price of public outrage — in retrospect.

Attention is keen now because Cruetzfeldt-Jakob Disease, tentatively linked to BSE in humans, takes 10 to 40 years to manifest itself. People most at risk of developing problems are those who ate British beef before the 1989 ban.

Even so, most scientists say the risk is extremely small. Muscle meat and milk have been shown incapable of carrying the infectious agent. The infectious agent is found only in the spinal cord and brain of affected cattle.

Registered dietitian Cynthia Fauser is nutrition specialist for University Extension (University of Missouri system) in St. Louis County.

## Brunch

Continued from page 1C. prefer a bowl of warm cereal by mixing a creamy wheat cereal with reduced-fat or nonfat cream cheese with fruit and a bit of sugar or sweetener. Fresh strawberries or blueberries can be added to the mixture and the top.

Match juices to foods at the brunch. Orange and apple are nice, but chill several, even those with exotic names. Make certain they have plenty of vitamin C. Small amounts of unusual fruit flavors often are based with apple juice, but still are fortified to offer its benefits. Unlike juice, fresh fruit offers fiber.

These are easy brunch

starters. The pancake base is Bisquick, although other baking mixes can be adapted.

#### LIGHT BAGEL

- 3 bagels, split
- ½ cup finely diced celery
- ½ cup sliced green onion
- 1 tbs. chopped fresh dill or 1 tsp. dill weed
- 1 pkg. (6 oz.) reduced-fat, garden of Eatin' cream cheese (from the deli)
- 12 cherry tomatoes, sliced
- 2 tsp. grated parmesan cheese

Scoop out middle of each bagel half to make a shell and toast lightly.

Mix celery, onion and dill. Spoon into bagels. Spread each bagel half with cream cheese. Top with tomato and parmesan cheese. Broil until cheese begins to soften. Serve immediately. Makes 6 servings.

#### SWISS MOCHA TURNOVERS

- 2 cups all-purpose baking mix
- 1 cup milk

- 2 eggs
- 2 tbs. Swiss mocha coffee blend
- 2 tbs. chocolate filling
- Shaved chocolate, if desired

Stir together baking mix, milk, eggs and dry coffee blend.

Four by scant ¼ cupful onto hot griddle or greased frying pan. Cook until edges are dry. Turn. Cook until pancakes are dry on bottom. Cool about 1 minute.

Place chocolate filling on center of each pancake. Fold over. Top with remaining filling. Sprinkle with shaved chocolate. Serve immediately. Makes about 18 pancakes. Chocolate filling: Com-



# Today's Food

Granite City Journal-April 17, 1996-Page 3C

## Fillings lead pasta beyond spaghetti

Most Americans loved spaghetti and meatballs long before they knew what "pasta" was. In the last 25 years, Americans have learned pasta means versatility, great taste and easy, quick and healthy meals. Pasta has evolved into much more than just spaghetti and macaroni.

A popular variety of pasta on the market today is filled, which makes it "pas-plus." It is pasta dough stuffed with delicious, savory blends of fine cheeses, vegetables, herbs, spices, chicken, beef or pork. It is available in a variety of delightful combinations, shapes and sizes.

Ravioli, often called tortellini on Italian menus, is a square or round-shaped filled pasta. Perhaps the most popular of filled pastas, ravioli is a staple on most Italian menus and a favorite main dish for kids.

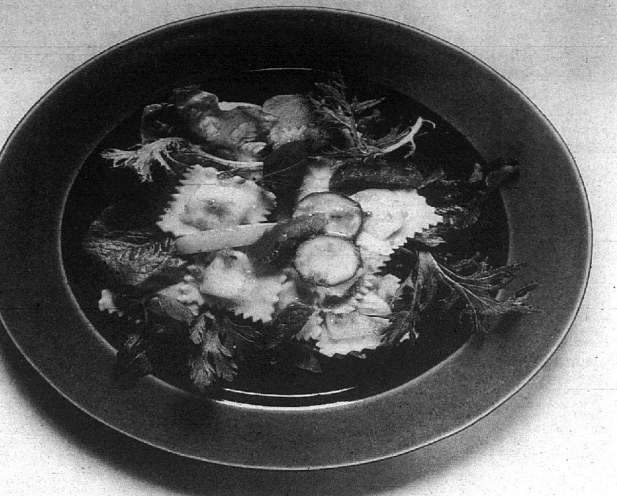
Tortellini is believed to have been developed in the Emilia-Romagna region of Italy, an area famous for pasta, ham, sausage and parmesan cheese. According to legend, tortellini was created by a cook who was so enamored after catching a glimpse of the beautiful navel of Venus that he created a special pasta in tribute to the goddess.

Today, these small ovals of pasta are pinched around delectable fillings. Tortellini is an oversized version of tortellini. The literal translation of tortellini is "big tortellini."

Filled pasta can be enjoyed many ways. When entertaining, add seafood, meat or vegetables to a favorite pasta and sauce for a satisfying main dish. Add tortellini to chicken stock, cook according to package directions and serve with a dollop of sour cream for a hearty soup.

Spear precooked tortellini on wooden skewers, alternating with cherry tomatoes, mushrooms and green pepper chunks for a terrific kabob.

These filled pasta dishes take an easy trek to the dinner table from the fresh pasta section of a refrigerator.



Ravioli gets top billing in this meal, but the sauce takes flavor from pesto, garlic, zucchini and eggplant.

ated case in a supermarket.

### RAVIOLE CON PESTO

- 2 tbsp. olive oil
- 1 clove garlic, minced
- 1/2 cup sliced zucchini
- 1 cup diced eggplant
- 1/2 tsp. salt
- 1/4 tsp. pepper
- 1 pkg. (9 oz.) refrigerated ravioli, cooked, drained.
- Kept warm
- 1 carton (7 oz.) refrigerated pesto, preferably with sun-dried tomatoes
- 2 tsp. chopped fresh parsley

In medium skillet, heat oil. Sauté garlic, zucchini and eggplant 2 to 3 minutes until vegetables are tender. Stir in salt, pepper, ravioli and pesto. Sprinkle with parsley before serving. Makes 4 servings.

### RAVIOLE CON SALSA ALFREDO

- 1 tbsp. olive oil
- 1 clove garlic, minced
- 1 jar (4 oz.) artichoke hearts, drained, sliced
- 1 cup red and yellow bell pepper, cut in thin strips

- 2 tbsp. white wine or chicken broth
- 1 pkg. (9 oz.) refrigerated cheese ravioli, cooked, drained, kept warm
- 1 carton (10 oz.) refrigerated Alfredo sauce
- 1 tsp. chopped fresh parsley

In medium skillet, heat oil. Sauté garlic 1 minute. Add artichoke hearts, bell pepper and wine. Cook 2 to 3 minutes.

Add ravioli and Alfredo sauce. Heat 1 minute. Toss to coat well. Sprinkle with parsley to serve. Makes 4 servings.

## Medicine Chest

By REBECCA COLEY

## Expanding market calls lens wearers to care

Advances in contact lens research now provide options to patients with astigmatism and other disorders. Contact lenses are a boon to those who despise the hassles of dealing with glasses, but those who do not take proper care of their lenses risk serious, permanent eye injury.

Hard lenses and gas-permeable lenses should be cared for with products recommended by your eye care specialist. If it is hard to remember what they are, have your pharmacist record this information in your patient profile where you can ask for assistance when you forget.

Those who wear soft contacts have many choices in eye care products. Choosing a product on your own may seem overwhelming.

In spite of their small size, soft lenses contain a high percentage of water, so are particularly prone to bacterial contamination if

not cared for properly. It is important to clean lenses daily and disinfect them. Some may require use of an enzymatic cleaner weekly.

Many problems experienced by contact lens wearers are related directly to cleaning and disinfecting. Some products contain preservatives or other ingredients that may cause sensitivity. Luckily, there are enough choices on the market for many lenses that, with the help of a pharmacist, an alternate product usually can be chosen.

It is important for contact lens wearers to have annual eye exams. If the shape of the cornea has changed, the contact lens will not fit properly.

Registered pharmacist Rebecca Coley is assistant professor of pharmacy administration at St. Louis College of Pharmacy.

## Recipe

### ITALIAN VEGETABLE HEROES

- 1/2 cup pickled hot or mild giardiniera vegetables, drained
- 1/4 cup sliced ripe olives
- 1/4 cup chopped fresh Italian parsley or leaf basil
- 1/2 cup reduced-calorie or regular Italian salad dressing
- 2 cups (8 oz.) shredded Italian cheese blend
- 1 loaf (1 lb.) Italian bread, 14 inches long or 10 inches round
- Spinach or romaine lettuce leaves
- 6 oz. Genoa salami or

smoked ham, sliced 1 jar (7 oz.) roasted red peppers, drained, rinsed

In medium bowl, toss together pickled vegetables, olives, parsley and dressing. Add cheese. Toss again.

Cut bread in half horizontally. Hollow out both halves, leaving 1/2-inch border.

Layer spinach, salami and peppers on bottom half of bread. Spread cheese mixture evenly in top half. Close sandwich.

Cut in serving pieces. Makes 6 servings.

Note: Sandwich can be wrapped securely in plastic wrap and chilled up to 24 hours before serving.

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# Today's Food

## WIN PRIZES! HUMANE SOCIETY OF MISSOURI'S... it's COOL to be kind to ANIMALS POSTER CONTEST

Kids if you want to be cool, enter the Humane Society of Missouri's Poster Contest. Draw your favorite animal on a poster and win great prizes from Frank's Nursery & Crafts and the Humane Society of Missouri.

- Winning posters will be featured in the Suburban Journals.
- Winners will appear on KPLR-TV's St. Louis 11 Kids Club in June.
- All posters will be displayed at the Humane Society of Missouri's BARK in the PARK on June 9, 1996 at Queeny Park.

### Contest Rules:

1. Posters must feature at least one animal and must be the original work of the entrant.
2. Posters must be 8 1/2" x 11" on a white sheet of paper.
3. The mediums must be limited to paints, watercolors, crayons, colored pencils, markers or any combination of the previously mentioned. No glitter, fluorescent colors, 3-D components, or computerized layout, design and printing can be used.
4. Participants may enter as many times as they wish. Each entry must be accompanied by a completed entry form and the entrant may only win once.
5. Entries must be postmarked by May 11, 1996 or dropped off at the Humane Society of Missouri (1210 Mackland Avenue) by 5:00 p.m. on May 11, 1996.
6. All entries become the property of the Humane Society of Missouri which reserves the right to reproduce, publish or exhibit posters. Posters will be available for pick up at the Humane Society of Missouri's BARK in the PARK from 11:00 a.m. - 4:00 p.m. at Queeny Park on June 9, 1996. No posters will be returned by mail.
7. One winner in each age category (ages 5-7, 8-11, 12-14) will be chosen in each of the seven Suburban Journal publication zones, for a total of twenty-seven (27) winners. By entering the contest, winners consent to having their posters displayed at the Humane Society of Missouri and at BARK in the PARK, and also used for other promotional purposes, as well as having their entries reproduced without compensation on note cards and t-shirts to be sold by the Humane Society of Missouri.
8. Employees and families of the Humane Society of Missouri, Suburban Journals, Frank's Nursery & Crafts, and KPLR-TV's St. Louis 11 Kids Club are not eligible to enter the contest.
9. Contest winners will be notified by Monday, May 20, 1996.

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☐ 5-7 ☐ 8-11 ☐ 12-14

#### Entry form information:

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Name of Parent or Guardian \_\_\_\_\_

School \_\_\_\_\_

Address \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Daytime Phone \_\_\_\_\_ (Evening) \_\_\_\_\_

Do you have a pet? Yes \_\_\_\_\_ No \_\_\_\_\_

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Type of Pet \_\_\_\_\_ Pet's Age \_\_\_\_\_

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It's Cool To Be Kind To Animals Poster Contest  
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Any Questions, call 314/647-8800

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## Grapes perform deliciously

There are wonderful new grape varieties now available fresh off the vines. Picked at their peak of summer in the southern hemisphere as far away as South Africa, these grapes bearing the names of Bonheur, La Rochelle and Alphonse Lavallee are as luscious as their names suggest.

As tasty and nutritious as they are to eat out of hand, they do double duty as a "secret" ingredient in imaginative dishes.

Pork tenderloin becomes a simple, yet elegant, dish for guests when it is served with a curried grape sauce. Lean pork tenderloin pairs well with the subtle flavor of fresh ginger and curry in a sauce accented with chutney and grapes. A dash of cream is added to round out a sauce equally good when boneless chicken breasts are substituted for the pork.

Carrots are a colorful food. Juicy grapes dress up this humble root vegetable. Add them at the end so they are just heated through.

### PORK TENDERLOIN WITH GRAPE-CURRY SAUCE

1 1/4 lb. pork tenderloin, sliced 1/2 inch thick

1 tsp. oil

3/4 cup scallion

1 large clove garlic, minced

1 1/2 tsp. mixed ginger root

3/4 cup chicken stock or broth

1 tsp. cornstarch

3 tsp. fruit chutney, such as mango or papaya

1 1/2 tsp. curry powder or to taste

3/4 cup heavy cream or evaporated skim milk

1 cup grapes, halved, seeded

Salt and pepper

2 tsp. chopped fresh coriander or parsley, if desired

Heat large nonstick skillet over high heat. Cook pork in oil until browned.

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and almost cooked through. Transfer to warm plate.

Reduce heat to medium. Cook scallion, garlic and ginger, stirring, 1 to 2 minutes.

Combine stock and cornstarch. Add to skillet with chutney and curry powder. Cook until sauce comes to boil and thickens slightly.

Add pork, cream and grapes. Cook 2 minutes longer or until heated through. Season with salt and pepper to taste. Sprinkle top with coriander or parsley. Makes 4 servings.

### GLAZED CARROTS AND GRAPES

1 1/2 lb. carrots, peeled, cut in thin strips 2 inches long

2 tbsp. butter or margarine

2 tsp. balsamic vinegar

1 cup grapes, halved, seeded

Salt and pepper

2 tsp. chopped fresh parsley, if desired

Cook carrots in boiling water 5 minutes or until tender-crisp. Drain.

In saucepan over medium heat, cook carrots, butter and vinegar, stirring often, until liquid evaporates and carrots are glazed.

Add grapes. Heat through. Season with salt and pepper to taste.

To serve, sprinkle with parsley. Makes 6 servings.

### SOFT TORTILLAS

When flour tortillas stick together, microwave them 5 to 10 seconds per tortilla and immediately pull apart.

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**FEELING FIT**

By Mark Lymberopoulos  
Staircase is a built-in fitness machine at home. Climbing stairs burns up 300 calories any hour for a 110-pound woman, 480 for a 175-pound man. Stair climbing cuts heart attack risk, too.

Work out before you eat, not immediately after a meal. You should wait at least an hour.

Don't clutch tightly "on dumbbells or even machine grips. It may raise your blood pressure as you exercise.

Peanut butter-and-banana offers a nutritious alternative to lunch meat in a sandwich.

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# Today's Food

## Good Health

By MELANIE POLK

### Cake has sweet values worth chef's redemption

Most people think of cake as being packed with sugar and fat with no redeeming health benefits. On the other hand, they also would agree life would not be as much fun without it.

Thus, it is fortunate creative, health-conscious chefs have ways to produce delicious cakes not only low in fat and calories, but also providing nutrition with vitamins, minerals and dietary fiber.

What is the "stuff" of cake? Butter and eggs make cake moist and palatable, but are a major source of fat and calories. Dryness in low-fat cake can be solved with other nutritious and low-fat moistening agents from applesauce and fruit purees to zucchini — to substitute for half or even all of a recipe's butter

or margarine.

Flour contributes a major portion of cake calories, so make it more nutritious by using whole wheat flour, which provides protein, iron, B vitamins and fiber. Bread-like cake even benefits from its robust flavor and heavier texture.

Frosting adds hundreds of calories and lots of fat. Instead, consider fruit for festive color and a wide range of luscious flavors, along with few calories and many nutrients.

Another option is to mix a nonfat frosting by combining 1 cup confectioner's sugar, 1 tablespoon grated orange peel and 4 teaspoons orange juice. For chocolate frosting, combine ¾ cup confectioner's sugar, 1 tablespoon cocoa, 1 tablespoon skim milk, ½ teaspoon chocolate extract, 1/8

teaspoon butter flavor and pinch of salt.

When it comes to indulgence, trim cheesecake by using a graham cracker crust and part-skim ricotta cheese in the filling. Removing fat from cheesecake may require extra flavor, so try honey or orange juice and top with fresh strawberries.

For a chocolate addict, give this version of classic angel food cake a mix.

For a Mother's Day present, the American Institute of Cancer Research suggests ordering "Lighthearted Everyday Cooking," its cookbook of low-fat recipes by Anne Lindsay. Send a check for \$16.95 to: American Institute for Cancer Research, Department CB5, Washington, D.C. 20069. To charge it by phone, call toll-free 1-800-843-8114 week-

days.  
Registered dietitian  
Melanie Polk is director of  
nutrition education for  
AICR in Washington.

#### MARBLED ANGEL CAKE WITH PEACH TOPPING

- 1 box (16 oz.) angel food cake mix
- 5 tbsp. cocoa
- 2 cups vanilla low-fat yogurt

- ¾ cup skim milk
- 6 cups canned sliced peaches in juice, drained

Preheat oven to 375°. In non-plastic bowl, prepare cake batter according to package directions. Reserve 3 to 4 cups batter in separate bowl.

Gently fold cocoa powder into remaining batter until well blended. Pour into ungreased 10-inch tube pan. Gently spoon vanilla batter on top. Run knife or metal spatula through batter to marble it. Bake in preheated oven

35 to 40 minutes until top crust is firm and looks dry. Do not underbake.

Cool, hanging upside down on bottle or funnel about 1½ hours. Using knife, carefully loosen from side of pan.

Stir together yogurt and milk until smooth. Cut cake in twelve (2-inch) slices. Spoon 3 to 4 tablespoons yogurt sauce over each slice and top with peaches.

Makes 12 servings, 250 calories and 1 g fat each.

<b>WINE TASTING</b> EVERY FRIDAY SATURDAY - SUNDAY	<b>SEAGRAMS VO</b> \$16.99 \$7.99	<b>CROWN ROYAL</b> \$14.99 \$3.99	<b>BUSCH</b> \$4.99
<b>CANADIAN CLUB</b> \$15.99 \$4	<b>BEEFEATERS GIN</b> \$20.99 \$10.99	<b>OLD SMUGGLER SCOTCH</b> \$13.99 \$9.99	<b>NATURAL</b> \$4.49
<b>JIM BEAM</b> \$13.99 \$8.99	<b>TOP SHELF 750 ML</b> \$19.99	<b>CLUNY SCOTCH</b> \$10.99	<b>KEYSTONE</b> \$7.49
<b>SMIRNOFF VODKA</b> \$12.99	<b>DALMORE MALT</b> \$20.99	<b>SHIRAZ - CAB. 699</b> \$6.99	<b>FALSTAFF</b> \$6.99
<b>SEAGRAMS 7-CROWN</b> \$12.69	<b>SKYY VODKA</b> \$9.99	<b>BLACK MARLIN</b> \$5.99	<b>CORONA</b> \$8.99
<b>ESJ BRANDY</b> \$13.99 \$8.99	<b>M&amp;R VERMOUTH</b> \$4.99	<b>CABERNET - CHARDONNAY</b> \$6.99	<b>PABST</b> \$7.69 \$3
<b>MARTELL VSOP</b> \$37.99	<b>GRAND MARNIER</b> \$23.99	<b>NEW TALEN WINES</b> \$3.99	<b>WINDSOR CANADIAN</b> \$9.99
<b>CAROLANS OR ST. BRENDANS</b> \$8.99	<b>CHATEAU LAFITE</b> \$8.99	<b>LA ROSSE TRINTAUDON</b> \$10.99	<b>MARCUS JAMES BRAZILIAN</b> \$3.99
<b>CORRAL LIQUORS</b> GRANITE CITY (618) 451-9116 WE RESERVE THE RIGHT TO LIMIT QUANTITIES	<b>CHATEAU LAFITE</b> \$8.99	<b>LA ROSSE TRINTAUDON</b> \$10.99	<b>MARCUS JAMES BRAZILIAN</b> \$3.99

**CLONKOS INC.**  
QUALITY MEATS  
2901 MADISON AVE  
451-5200 OR 451-5204  
SAME LOCATION SINCE 1929

**EXTRA LEAN**  
**GROUND BEEF** 99¢ LB.  
IN 5-PACKS

**CHOPPED SIRLOIN** \$1.19 LB.  
IN 5-PACKS

**REAL**  
**GROUND CHUCK** \$1.89 LB.  
IN 5-PACKS

**USDA CHOICE**  
**LONDON BROIL** \$2.29 LB.

**USDA CHOICE**  
**ROUND STEAK** \$1.59 LB.

**BONELESS** \$1.89 LB.

**GRADE A**  
**WHOLE FRYERS** 55¢ LB.

**USDA CHOICE**  
**RUMP ROAST** \$2.59 LB.

**USDA CHOICE**  
**PIKES PEAK ROAST** \$1.98 LB.

**41# FREEZER SPECIAL**  
Pork Shis-ka-Bob's... \$3.69  
Beef Shis-ka-Bob's... \$3.98  
Marinated Chicken-k-Bob's... \$4.19

**HOMEMADE LINK SAUSAGE**  
PLAIN • GARLIC  
ITALIAN • CAJUN  
\$2.19 LB.

**HIT-N-RUN FOOD STORE**  
Ad Good April 16 Thru April 22  
STAY IN YOUR CAR  
LEAVE THE WALKING TO US!  
We Reserve The Right To Limit All Sale Merchandise  
WE ACCEPT FOOD STAMPS AND MANUFACTURERS COUPONS

**FREE HUMDINGER**  
When You Buy 4 Fountain Sodas  
Ask For Your Punch Card At Any Store

**Shift the 5th**  
Buy four fountain drinks at Hit-N-Run and get a Humdinger free!

**MUG ROOT BEER** 319¢  
**DR. SLICE** 88¢  
**PEPSI** 88¢  
**DIET PEPSI** 88¢  
**MTN DEW** 88¢

**CHOCOLATE MILK** 99¢  
**VIVA 2%** 179¢  
**SKIM MILK** 179¢

**Milwaukee's Best** 1.99  
**BUSCH BEER** 89¢  
**BUD • BUD LIGHT** 69¢

**PREMIUM PRETZELS** 99¢  
**skittles** 2 FOR 79¢  
**POTATO CHIPS** 99¢

**AQUAFINA** 49¢  
**VESS** 29¢

**SUTTER HOME WHITE ZINFANDEL** 3.49  
**BIC LIGHTER** 59¢  
**PURPLE PASSION** 3.29

**BASIC** BUY 2, GET 1 FREE  
**Style** SALE PRICE \$1.49  
LESS COUPON ATTACHED -.50  
**99¢**



# Stretch Your Dollar!



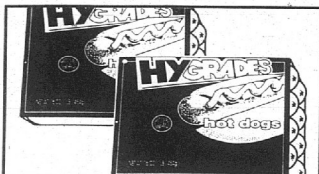
CHUBBY CHICKEN, FRESH  
Skinless, Boneless  
Chicken Breast

**259**  
lb.



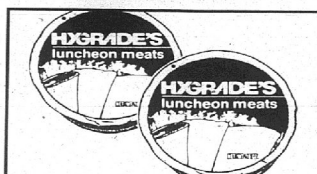
FAMILY PACK  
Lean Tender  
Beef Stew

**189**  
lb.



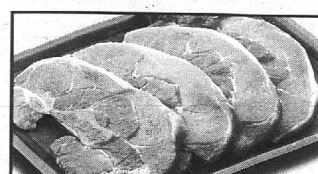
Hygrade  
All Meat Hot Dogs

**99¢**  
1-POUND  
PACKAGE



REGULAR OR GARLIC  
Hygrade  
Sliced Bologna

**129**  
1-POUND  
PACKAGE



FRESH  
Pork  
Sirloin Chops

**219**  
lb.

Oscar Mayer  
White Turkey..... **2/\$4**  
1.5 LBS. PKG.

Johnsonville  
Breakfast Links.. **169**  
8-OUNCE  
PACKAGE

PARTY PACK  
Johnsonville  
Bratwurst..... **679**  
3 POUND  
BOX

MAX PACK  
Eckrich  
Lunchmakers..... **3/\$5**  
9.5-OZ. PKG.

WAFER THIN  
Buddig  
Sliced Meat..... **4/\$3**  
2.5-OZ. PKG.

SMOKED OR POLISH  
Thorn Apple  
Valley Sausage.. **239**  
24-OUNCE  
PACKAGE

BASKET STYLE  
Singleton  
Shrimp..... **189**  
8-OUNCE  
PACKAGE

Mayrose  
Sliced Bacon..... **179**  
1-POUND  
PACKAGE

MAPLE FLAVORED  
Surrey Farm  
Bacon..... **179**  
1-POUND  
PACKAGE

Jennie-O  
Ground Turkey.. **99¢**  
1.5 LBS. ROLL

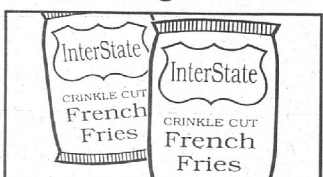
PRE-COOKED  
Swift Premium  
Sliced Pepperoni.. **119**  
9-OUNCE  
PACKAGE

SMOKED SAUSAGE OR  
Advance  
Breaded Patties.. **299**  
2-POUND  
PACKAGE



ASSORTED VARIETIES  
Skippy  
Peanut Butter

**139**  
18-OUNCE  
JAR



Interstate  
French Fries

**2/\$3**  
5-POUND  
BAGS

**LOOK  
FOR  
Red Tag  
Savings  
Price Tags**

At the Shelf Edge.  
These easy-to-read tags  
show prices and savings.

YOU'LL FIND OVER

**3,800 THIS  
WEEK!**



HUNT'S  
Manwich  
Sauce..... **99¢**  
15.5-OZ. CAN

HUNT'S  
Spaghetti  
Sauce..... **99¢**  
27 TO 28-OZ.

HUNT'S  
Tomato  
Sauce..... **2/\$1**  
15-OZ. CAN

ASSORTED CURDS  
Pevely  
Cottage Cheese... **177**  
24-OUNCE  
CARTON

ONION DIP OR  
Prairie Farms  
Sour Cream... **2/99**  
8-OZ. CANS

ASSORTED VARIETIES  
Bounce  
Fabric Softener Sheets

**299**  
80-COUNT  
PACKAGE

S M T W T F S  
17 18 19 20

• The more you shop the more you save. SM

• PRICES GUARANTEED THRU APRIL 20, 1996 • WE RESERVE THE RIGHT TO LIMIT • NO SALES TO DEALERS

FOR STORE LOCATIONS CALL (314) 984-0900

04171A

**Shop 'n Save**



# Shop'n Save

Save Even More With  
**1,000's**  
of Red Tag Values!



Van Camp's  
Pork n Beans

**3/\$1**  
16-OZ. CAN



BEST BLEND, VEGETABLE  
OR CANOLA  
Wesson Oil

**1.99**  
48-OZ. BOTTLE



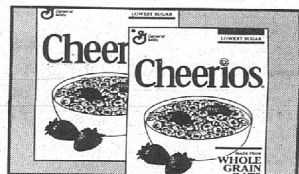
ASSORTED VARIETIES  
Guy's  
Potato Chips

**2/2.98**  
14-OZ. BAG



24-PACK, 12-OZ. CANS  
Coke, Diet Coke  
or Sprite

**5.37**



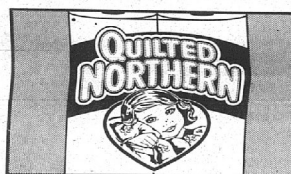
REGULAR ONLY  
Cheerios  
Cereal

**2/\$5**  
20-OZ. BOX



ULTRA  
Tide or Cheer  
Liquid Detergent

**5.97**  
100 OZ. BOTTLE



ASSORTED VARIETIES  
Northern  
Bath Tissue

**99¢**  
4-ROLL  
PKG.



LIMIT 2 WHILE SUPPLIES LAST  
OUR LOW SALE PRICE 94¢  
Bic Disposable  
Razors

**49¢**  
10-PACK

AFTER 45¢ INSTANT REDEEMABLE COUPON  
ON PACKAGE

**More  
Money  
Saving  
Values  
In-Store!**

ULTRA OR ULTRA II  
Tide or  
Cheer Powdered  
Detergent..... **5.97**  
92-110 OZ. BOX  
REGULAR OR WITH BLEACH  
Tide Liquid  
Refill..... **5.97**  
90-OZ. BOTTLE  
FREE, W/COLOR GUARD  
OR POWDER  
Ultra Cheer  
Detergent..... **5.97**  
98-106 OZ. BOX  
UNSCENTED,  
REGULAR OR W/BLEACH  
Ultra Tide  
Powder..... **5.97**  
98-110 OZ. BOX  
ORIGINAL OR LEMON  
Spray 'n Wash  
Easy Spray..... **2/\$3**  
22-OZ. BOTTLE



ASSORTED FLAVORED  
Ronocco Bulk  
Bean Coffee..... **5.99**  
PER POUND  
RED OR BLACK  
Mahatma  
Beans & Rice..... **3/\$4**  
8-OZ. PKG.

Chi-Chi's  
Tortilla Chips... **99¢**  
10.5-11  
OZ. BAG

ORGANIC  
Peat Moss  
or Top Soil..... **99¢**  
40-LB. BAG

VITA HUME  
Potting  
Soil..... **1.99**  
40-LB. BAG

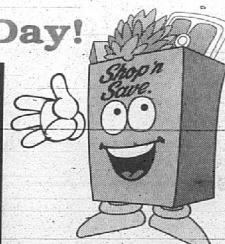
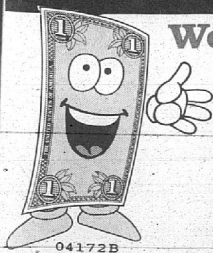
**We Discount All Pre-Priced Products Every Day!**

ALL GREETING  
CARDS  
DISCOUNTED  
**20%**  
FROM MANUFACTURERS  
MARKED PRE-PRICE

ALL BOOKS  
& MAGAZINES  
DISCOUNTED  
**10%**  
FROM MANUFACTURERS  
MARKED PRE-PRICE

ALL PRE-PRICED  
BAG SNACKS  
DISCOUNTED  
**10%**  
FROM MANUFACTURERS  
MARKED PRE-PRICE

ALL ENTENMANN  
& HAAS ITEMS  
DISCOUNTED  
**10%**  
FROM MANUFACTURERS  
MARKED PRE-PRICE





# Red Tag Values

## Shop'n Save Liquor Dept. VALUES!

Liquor Prices Good  
at Illinois Stores Only.  
Some items not  
available at all stores.



REGULAR, LIGHT, ICE OR DRY  
Keystone Beer

**749**

24/12-OZ. CANS



OUR LOW SALE PRICE \$12.49  
Seagram's  
7-Crown

**1149**

1.75-LTR. BTL.

AFTER \$1.00 INSTANT COUPON AVAILABLE IN-STORE

## Shop'n Save Health & Beauty VALUES!



GELCAPS, GELTABS, OR CAPLETS  
Tylenol P.M.

**299**

24-COUNT  
PACKAGE



3.5 OZ. TOOTHPASTE  
OR 5.2 OZ. REFILL  
Mentadent

**279**

OR 10 OZ.  
MOUTHWASH

Red Wolf  
Lager..... 2/\$7

6-L/N N/R BTL.

LIGHT, EXTRA LIGHT OR  
Pabst  
Beer..... 789

24/12-OZ. CANS

LIGHT, DRY OR  
Michelob  
Beer..... 997

18/12-OZ. CANS

REGULAR, LIGHT OR DRY  
Milwaukee's  
Best Beer..... 199

6/12-OZ. CANS

REG., LIGHT OR DRAFT  
Hamm's  
Beer..... 399

12/12-OZ. CANS

Bag  
Ice..... 69¢

5-LB.  
5 AG

ASSORTED VARIETIES  
Franzia  
Wine..... 649

5-LTR. BOX

Glen Ellen  
White Zinfandel.. 2/\$7

750-ML.  
BTL.

SELECTED VARIETIES  
Paul Masson  
Wines..... 2/\$5

1-LTR.  
BTL.

OUR LOW SALE PRICE \$3.99  
Bella Spumante  
Wine..... 199

750-ML. BTL.

AFTER \$2.00 MAIL-IN REBATE AVAILABLE IN-STORE  
ASSORTED VARIETIES  
E&J Gallo  
Wine..... 649

1.5-LTR. BTL.

Kamchatka  
Vodka..... 799

1.75-LTR. BTL.

Canadian  
Hunter..... 999

1.75-LTR. BTL.

J&B  
Scotch..... 1349

750-ML. BTL.

Gilbey's  
Gin..... 1049

1.75-LTR. BTL.

Ten  
High..... 1099

1.75-LTR. BTL.

Captain  
Morgan..... 799

750-ML. BTL.

Please-Drink Responsibly  
Don't Drink & Drive

375 CT. JOHNSON & JOHNSON  
COTTON SWABS OR  
Shower to Shower  
Powder..... 199

8-OZ. PKG.

SOLID, CLEAR OR ROLL-ON  
Ban  
Deodorant..... 199

3-1.75  
OZ. PKG.

OUR LOW SALE PRICE \$3.49  
HONEY LEMON OR  
CINNAMON SPICE  
Correctol Tea... 249

15-CT. PKG.

AFTER \$1.00 OFF COUPON AVAILABLE IN-STORE

4-CT. 40, 60, 100 WATT  
OR 1-CT. 3 WAY  
G.E. Softwhite  
Light Bulbs.... 159

BRIGHT STRIPS OR  
3M  
Active Strips..... 2/\$3

15-OZ. SHAMPOO OR  
8-OZ. CONDITIONER  
Agree..... 199

## Bakery, Seafood & Deli Dept. VALUES!

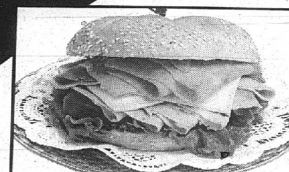
Bakery, Deli,  
& Seafood not  
available at  
all stores



Fresh Baked  
French Bread

**99¢**

16-OZ.  
LOAF



Mickelberry  
Deli Ham

**399**

lb.

## Shop'n Save Photo Processing

Your Choice of Single Prints Plus  
FREE FILM or DOUBLE PRINTS



**379**

EVERYDAY  
24-exp.  
3 1/2 inch prints

## Shop'n Save Family Video Center

EVERYDAY LOW RENTAL PRICES!

ALL NEW RELEASE | ALL OTHER TITLES

**99¢**

EACH

**49¢**

EACH

ALL VIDEO GAMES 99¢ EACH  
AT STORES WITH VIDEO CENTER ONLY

ALL VARIETIES  
Fresh  
Bagels..... 139

5-CT. PKG.

8-INCH  
German  
Chocolate Cake.. 399

ALL MEAT, GARLIC OR  
Eckrich Beef  
Bologna..... 269

lb.

Mickelberry  
Deli Ham..... 399

lb.

WISCONSIN  
American  
Cheese..... 369

lb.

FARM FRESH  
Whole  
Catfish..... 289

lb.

Batter Dipped  
Fish Fillets..... 199

lb.

Whole  
Whiting..... 139

lb.

More Great Values In-Store!

04173C

0417



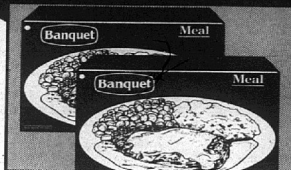
# Save You More!

## DAIRY & FROZEN FOOD VALUES!



ASSORTED VARIETIES  
**Tony's Italian  
Pastry Pizza**

**2/\$4**  
14-17.75 OZ.  
PKG.



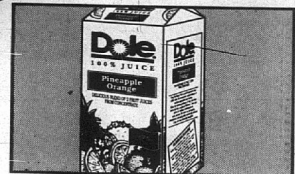
ASSORTED VARIETIES  
**Banquet Frozen  
Dinners**

**89¢**  
6.5-11 OZ.  
PKG.



ASSORTED VARIETIES  
**Dannon Lite  
Yogurt**

**2/\$1**  
8-OZ. PKG.



PINEAPPLE, ORANGE BANANA, OR  
PINEAPPLE ORANGE  
**Dole Juice**

**1 99**  
64-OZ. CTN.

STACK PACK  
**Hautly American  
Cheese**..... **4 99**  
3-LB. PKG.

ASSORTED VARIETIES  
**Michelina  
Entrees**..... **88¢**  
8.9 OZ. PKG.

CHILLED OR OLD FASHION  
**Florida Gold  
Orange Juice**.... **2/\$4**  
64-OZ. CTN.

ASSORTED VARIETIES  
**Banquet Family  
Frozen Entrees**.... **3/\$5**  
28-OZ. PKG.



## Wake Up to Big Savings WITH SHOP 'N SAVE BRAND CEREAL!

**Shop 'n Save  
Raisin Bran  
Cereal**

**2/\$3**  
20-OZ. BOX

**Shop 'n Save  
Tasty O's Cereal**

**2/\$3**  
15-OZ. BOX

**Shop 'n Save  
Corn Flakes Cereal**

**1 19**  
18-OZ. BOX

**Shop 'n Save Frosted  
Flakes Cereal**

**2/\$3**  
20-OZ. BOX

**Shop 'n Save  
Fruit Rings**..... **2/\$4**  
15-OZ. BOX

**Shop 'n Save  
Crispy Rice Cereal** **2/\$3**  
15-OZ. BOX

**SHOP 'N SAVE  
Honey Nut  
Tastecos Cereal**.... **2/\$4**  
14-OZ. BOX

**Shop 'n Save  
Magic Stars Cereal** **2/\$4**  
14-OZ. BOX

**Shop 'n Save  
Crisp Crunch Cereal** **2/\$4**  
16-OZ. BOX

**Shop 'n Save  
Cocoa Crunchies**... **2/\$4**  
13.75 OZ. BOX

**MOZZARELLA OR CHEDDAR  
Shop 'n Save  
Shredded Cheese** **1 29**  
8-OZ. PKG.

**WHITE SANDWICH  
Shop 'n Save  
Bread**..... **89¢**  
24-OZ. LOAF

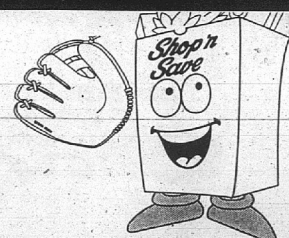
## Get a FREE Cardinals Baseball Ticket!



**TICKETS FOR**  
Sunday April 28th  
7:05 p.m. vs. Atlanta  
or  
Tuesday May 28th  
7:05 p.m. vs. Colorado

Get one \$9.50 Terrace  
Reserve Seat **FREE** with  
the purchase of another  
\$9.50 ticket and \$5.00  
Worth of Shop 'n Save  
Brand Products

**Here's How!**  
Present your Shop 'n Save  
receipt showing the purchase  
of \$5.00 or more of Shop 'n  
Save Brand products to the  
ticket window at Busch  
Stadium. Purchase a \$9.50  
ticket and you'll receive a  
FREE \$9.50 ticket. Limit one  
free ticket per receipt. Offer  
not valid with other discounts.  
While supply lasts.



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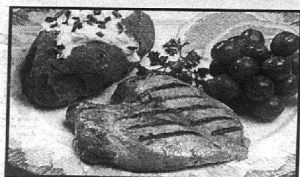


# TOTAL VALUE



USDA CHOICE CORN FED BEEF  
**Boneless  
Shoulder Roast**

**159**  
lb.



TENDERBIRD FROZEN  
**Boneless Skinless  
Chicken Breast**

**699**  
3 POUND  
BAG

FRESH, PERDUE  
Turkey Wings  
or Drumsticks... **89¢** lb.

Bob Evans  
Pork Sausage... **199** 1-LB. ROLL

6-7 LB. AVG. YOUNG  
Lil' Butterball  
Turkey... **99¢** lb.



USDA CHOICE CORN FED BEEF  
**Boneless  
Charcoal Steak**

**179** lb.

Circle A  
Beef Patties... **399** 5-LB. BOX

BROWN & SERVE  
Swift Premium  
Sausage... **109** 7-8 OZ. PKG.

Swift Premium  
Sizzling Bacon... **159** 12-OZ. PKG.



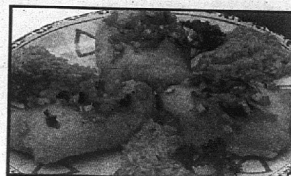
FUN PACK  
**Oscar Mayer  
Lunchables**

**2/\$3**  
11.2-12.2  
OZ. PKG.

CHUNK  
Hunter  
Braunschweiger... **149** 1-LB. PIECE

ASSORTED VARIETIES  
Banquet Family  
Entrees... **299** 28-OZ. PKG.

CHOPPED HAM OR  
Oscar Mayer  
Ham & Cheese... **2/\$4** 1-LB. PKG.



HUDSON ALL NATURAL-  
**Boneless Skinless  
Chicken Thighs**

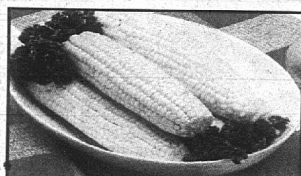
**159** lb.

USDA CHOICE  
CORN FED BEEF  
**Boneless  
Rib Eye Steak...** **499** lb.

Seitz  
Corn Dogs... **159** 1-LB. PKG.

STICKS OR PORTIONS  
Gorton's  
Value Pack Fish... **349** 24.5-OZ. PKG.

## Pick of the Crop Garden Fresh Produce!



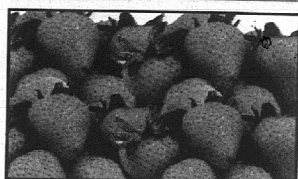
FLORIDA, IN HUSK  
**Sweet  
Yellow Corn**

**5/98**

Dole Complete  
Salads... **188** 10-OZ. PKG.

Crisp Red  
Radishes... **58¢** 1-LB. BAG

FRESH  
Green Cabbage... **28¢** lb.



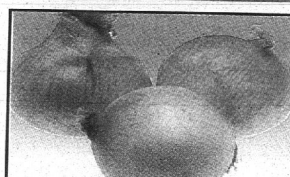
CALIFORNIA  
**Red, Ripe  
Strawberries**

**398**  
HALF FLAT

WASHINGTON STATE  
Red or Golden  
Delicious Apples **78¢** lb.

CALIFORNIA, 113 CT.  
Navel  
Oranges... **6/98**

**The Finest Quality  
& Selection!**



TEXAS  
**Sweet 1015  
Yellow Onions**

**38¢** lb.

95 COUNT  
Sunkist  
Lemons... **3/98**

Bird's Eye  
Veggie Dips... **198** 16-OZ. CTN.

Ozark Microwave  
Popcorn... **3/\$1** 32-OZ. PKG.



**Try These  
Exotic Varieties!**  
NOT AVAILABLE AT ALL STORES

FRESH  
Papayas... **128** EACH  
FRESH  
Coconuts... **68¢** EACH  
MANN'S STEAK FRY  
Broccoli Wokly... **258** 16-OZ. PKG.  
FRESH  
Cilantro... **98¢** BUNCH  
MELISSA'S  
Black Wild Rice... **298** 24-OZ. PKG.  
MELISSA'S  
Pineanuts... **248** 24-OZ. PKG.



**Shop 'n Save**

The more you shop the more you save.

S	M	T	W	T	F	S
			17	18	19	20

\* PRICES GUARANTEED THRU APRIL 20, 1996 AT ALL ST. LOUIS METRO STORES ONLY • WE RESERVE THE RIGHT TO LIMIT • NO SALES TO DEALERS • FOR LOCATIONS CALL (314) 984-0900

**Shop 'n Save**  
**DOUBLE YOUR  
MONEY BACK**  
MEAT & PRODUCE  
GUARANTEE  
WITH PROOF OF PURCHASE

04175A



## WE TAKE PLASTIC!



# Classified

## CALL 877-7700 or 876-2000

Hours: Monday-Friday 8 am-5:00 pm • Closed Saturday &amp; Sunday

1-800-766-FAST (3278)

For Commercial Rates Call 877-7700. Help Wanted 876-2000.

TRANSPORTATION  
210EMPLOYMENT  
210NOTICES  
400SERVICES  
700MERCHANDISE  
1700REAL ESTATE  
2100RENTALS  
2600

## HOW TO...



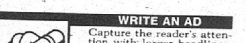
**PLACE AN AD**

There are four easy ways to place your ad. **Bring it:** 1815 Delmar Ave., Granite City, IL. **Phone it:** Call 877-7700 or dial 876-2000. Phone lines are open from 8 a.m.-5:00 p.m. Monday through Friday. **Fax it:** Send your ads directly to our Classified Fax Center at 618-876-4240. We'll call you back for confirmation. **Mail it:** Send your ads to: Classified, Granite City Press Record Journal, 1815 Delmar, Granite City, IL 62040.



**PAY FOR AN AD**

You will be billed immediately, following last run day. You may pay in person, through the mail, or over the phone or fax. We accept cash, checks and credit cards (MC/Visa). Discover: When paying over the phone, please have your credit card ready. When faxing your ad, just include your credit card number. We'll call you back for confirmation. Please do not send cash through the mail. Some ads require prepayment.



**WRITE AN AD**

Capture the reader's attention with larger headlines, bold type, and symbols. Tell them up front what you're selling or seeking. Describe what is unique about your item, adding details such as color and condition. Avoid abbreviations; they make your ad harder to read and therefore less effective. Include your phone number and the hours you are available. Always include the price. It will increase your responses.



**CANCEL AN AD**

Deadlines for ad cancellation are identical to deadlines for ad placement. You may cancel an ad in person or over the phone. To cancel an ad, phone 877-7700.

## TRANSPORTATION

10 Auto Parts/Accessories  
11 Auto Accessories  
12 Auto Parts/Accessories  
13 Auto Parts/Accessories  
14 Auto Parts/Accessories  
15 Auto Parts/Accessories  
16 Auto Parts/Accessories  
17 Auto Parts/Accessories  
18 Auto Parts/Accessories  
19 Auto Parts/Accessories  
20 Auto Parts/Accessories

## EMPLOYMENT

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## NOTICES

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## SERVICES

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## MERCHANDISE

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1710

## REAL ESTATE

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2103  
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2109  
2110

## RENTALS

2600  
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2603  
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2609  
2610

## CLASSIFIED INDEX

1200  
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## RENTALS

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## RENTALS

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## KOETTING FORD

AMONG THE EAST SIDES'S LEADING AUTOMOTIVE DEALERS

### Introduces the EASY way to find the RIGHT used car!

**Just ONE PRICE**  
(Right on the Window)

KOETTING FORD'S ONE PRICE POLICY: you don't have to negotiate to get the lowest price! It's right in the window! No haggling. No hassle. No Pressure. You'll also see the equipment sticker with all the standard features and options.

**A Full Tank of Gas!**  
Every Used Car comes equipped with a full tank of gas so your first stop isn't at a gas station. It's just part of our commitment to your complete, long term satisfaction. And after you've taken delivery of your car, expect a call to make sure everything is right. Count on a unique buying experience.

**NO NEGOTIATION NECESSARY!!!**

**FORD FACTORY PROGRAM VEHICLES**  
LIKE BRAND NEW  
Balance of 3 year  
36,000  
mile Factory Warranty

**1995 THUNDERBIRD LX**  
CHOOSE FROM 2

**JUST ONE LOW PRICE! \$14,390**

**93 TEMPO GL 2 DOOR**  
JUST ONE PRICE  
**\$6,890**

**91 RANGER XLT**  
P.S. P.B. CAMPER SHELL, A/C & V-6  
JUST ONE PRICE  
**\$8,390**

**93 MUSTANG CONVERTIBLE**  
JUST ONE PRICE  
**\$10,390**

**94 CUTLASS CIERAS**  
W/POWER WINDOWS, A/C, V-6  
JUST ONE PRICE  
**\$11,590**

**94 PROBE GL**  
A/C, V-6, 100,000 Miles  
JUST ONE PRICE  
**\$11,590**

**94 CRV V-6**  
A/C, V-6, 100,000 Miles  
JUST ONE PRICE  
**\$15,190**

**94 CRV V-6**  
A/C, V-6, 100,000 Miles  
JUST ONE PRICE  
**\$15,190**

## 4 BUICK

1995 BUICK CENTURY V-6, 100,000 Miles, \$14,990. 1995 BUICK LESABRE V-6, 100,000 Miles, \$14,990. 1995 BUICK WILDCAT V-6, 100,000 Miles, \$14,990. 1995 BUICK REGAL V-6, 100,000 Miles, \$14,990.

## 6 CHEVROLET

1995 CHEVROLET CAVALIER V-6, 100,000 Miles, \$14,990. 1995 CHEVROLET CORVETTE V-8, 100,000 Miles, \$14,990. 1995 CHEVROLET TRUCK V-6, 100,000 Miles, \$14,990. 1995 CHEVROLET SUBURBAN V-8, 100,000 Miles, \$14,990.

## 8 CHEVROLET

1995 CHEVROLET CAVALIER V-6, 100,000 Miles, \$14,990. 1995 CHEVROLET CORVETTE V-8, 100,000 Miles, \$14,990. 1995 CHEVROLET TRUCK V-6, 100,000 Miles, \$14,990. 1995 CHEVROLET SUBURBAN V-8, 100,000 Miles, \$14,990.

## 10 FORD

1995 FORD ESCORT V-4, 100,000 Miles, \$14,990. 1995 FORD MUSTANG V-6, 100,000 Miles, \$14,990. 1995 FORD TRUCK V-6, 100,000 Miles, \$14,990. 1995 FORD SUBURBAN V-8, 100,000 Miles, \$14,990.

## 12 JEEP

1995 JEEP CHEROKEE V-6, 100,000 Miles, \$14,990. 1995 JEEP CRUISER V-6, 100,000 Miles, \$14,990. 1995 JEEP TRUCK V-6, 100,000 Miles, \$14,990. 1995 JEEP SUBURBAN V-8, 100,000 Miles, \$14,990.

## 14 MERCURY

1995 MERCURY COUGAR V-6, 100,000 Miles, \$14,990. 1995 MERCURY SABLE V-6, 100,000 Miles, \$14,990. 1995 MERCURY TRUCK V-6, 100,000 Miles, \$14,990. 1995 MERCURY SUBURBAN V-8, 100,000 Miles, \$14,990.

## 16 OLDSMOBILE

1995 OLDSMOBILE EXCEL V-6, 100,000 Miles, \$14,990. 1995 OLDSMOBILE CUTLASS V-6, 100,000 Miles, \$14,990. 1995 OLDSMOBILE TRUCK V-6, 100,000 Miles, \$14,990. 1995 OLDSMOBILE SUBURBAN V-8, 100,000 Miles, \$14,990.

## 18 CADILLAC

1995 CADILLAC DEVILLE V-8, 100,000 Miles, \$14,990. 1995 CADILLAC ELDorado V-8, 100,000 Miles, \$14,990. 1995 CADILLAC TRUCK V-6, 100,000 Miles, \$14,990. 1995 CADILLAC SUBURBAN V-8, 100,000 Miles, \$14,990.

1995 CADILLAC DEVILLE V-8, 100,000 Miles, \$14,990. 1995 CADILLAC ELDorado V-8, 100,000 Miles, \$14,990. 1995 CADILLAC TRUCK V-6, 100,000 Miles, \$14,990. 1995 CADILLAC SUBURBAN V-8, 100,000 Miles, \$14,990.

## Speedway Salvage

Pays TOP DOLLAR for JUNK CARS

**\$876-3366**

**Payless Auto Salvage**  
WHERE PRICE IS RIGHT

Tires \$10.00  
Fenders \$20.00  
Radiators \$25.00  
Doors \$25.00  
Stoppers & A/C \$10.00  
We pay \$85.00 FOR JUNK CARS

**452-5252**

## FOUR FLAGS MOTORS, Inc.

We have the "Price Guarantee" on all New & Pre-Owned Vehicles. Nobody beats us on Price, Quality, Service and Customer Satisfaction and... We have a "State of the Art" Body Shop.

**CHECK THESE LOW PRICES**

**1996 GMC SONOMA CLUB COUPE**  
6.9% Available  
**\$13,895**

**1996 Buick Skylark Limited Sedan**  
4.8% Available  
**\$15,995**

**YOU GET MORE CHOICES AT FOUR FLAGS MOTORS AND BEST PRICES GUARANTEED. OIL CHANGES STILL NO CHARGE FOR LIFE WITH PURCHASE OF ANY NEW OR PREOWNED CAR.**

**1-800-244-FOUR**  
666-6340 • 314-355-0703  
South Highway 159 & 270,  
Edwardsville/Glen Carbon

**BUICK • PONTIAC • OLDS • GMC**

**ELDER CADILLAC • OLDS**  
1010 W. MAIN  
BELLEVILLE  
397-8200

**ELDER CADILLAC • OLDS**  
1010 W. MAIN  
BELLEVILLE  
397-8200

**ELDER CADILLAC • OLDS**  
1010 W. MAIN  
BELLEVILLE  
397-8200







**\$29.95 PLUS TAX**

**GM** ACCELERATED EARNINGS NETWORK **10%**  
*The GM Card* *On Parts & Service*

**Wood River**  
**Rt. 111**  
**259-1900**



























Green is a member of Kappa Sigma social fraternity. The freshman biology major is

Evangel is accredited by the

**SALE - SALE - SALE**  
New 4-Br. Cherts \$469.95 Cash/Carry  
Road End Tables \$3.99-\$29.95  
New Road Dinerette Set Fr. \$459.95 Now \$299.95  
New Roadsmen Decorating Sales Shopper \$399.95  
New Octagonal Dining Set for 6 Cherts \$499.95  
New Country L-57 Fr. \$429.95 Now \$299.95  
New Bathbaths Complete W/Accessories Fr. \$299.95-\$399.95  
New 3-Br. End Tables & Chair \$429.95  
New 3 P. Coffee & Sofa Table Sets Fr. \$299.95-\$799.95  
**BUY-SELL-TRADE**  
Free local delivery  
We also buy estates.  
**EDWARDS STREET TRADING CENTER**  
2700 EDWARDS ST.  
GRANITE CITY, N. 618-877-3895

*This program is provided as a community service by Memorial Group, Inc. and Memorial Foundation, Inc., on behalf of Memorial Hospital*

The program is free. Reservations are requested. Call Memorial's Community Relations Department at 257-5649.



*This program is provided as a community service by Memorial Group, Inc. and Memorial Foundation, Inc., on behalf of Memorial Hospital*

SIZE	35,000* MILE	45,000 MILE	60,000 MILE
P155/80R13	\$29	\$39	\$49
P165/80R13	—	44	50
P175/80R13	37	45	51
P185/80R13	39	46	54
P185/75R14	41	47	56
P185/70R14	—	—	58
P195/75R14	43	48	—
P195/70R14	—	—	59
P205/75R14	45	51	59
P205/70R14	—	—	60
P215/75R14	—	55	63
P205/75R15	46	54	61
P205/70R15	—	—	62
P215/75R15	47	57	63
P215/70R15	—	—	65
P225/75R15	48	58	67
P235/75R15	49	59	69




**FREE MOUNTING - FREE BALANCE - FREE VALVE - FREE ROTATION - FREE ROAD HAZARD**

<b>HIGH PERFORMANCE</b>	<b>50,000 MILE</b>	<b>IMPORT METRIC</b>
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**HIGH PERFORMANCE  
HR SPEED RATED  
LOW PROFILE BLACKWALL**

**PERFORMANCE**  
**RAISED WHITE LETTERS**

**40,000 MILE TIRE  
BLACKWALL**

		
175/65HR14 <b>\$54</b>	P185/70SR13 <b>\$56</b>	155SR12 <b>\$40</b>
185/65HR14 <b>56</b>	P205/70SR14 <b>63</b>	145SR13 <b>40</b>
195/65HR15 <b>64</b>	P215/70SR14 <b>66</b>	155SR13 <b>41</b>
205/65HR15 <b>71</b>	P225/70SR14 <b>71</b>	165SR13 <b>43</b>
185/60HR14 <b>58</b>	P255/70SR15 <b>79</b>	165SR15 <b>49</b>
195/60HR14 <b>63</b>	P215/65SR15 <b>68</b>	167/70SR12 <b>43</b>
195/60HR15 <b>66</b>	P215/60SR14 <b>67</b>	175/70SR13 <b>48</b>
205/60HR15 <b>71</b>	P235/60SR15 <b>75</b>	185/70SR13 <b>49</b>
215/60HR15 <b>73</b>	P275/60SR15 <b>88</b>	185/70SR14 <b>51</b>
225/60HR15 <b>75</b>		195/70SR14 <b>53</b>

**FREE MOUNTING · FREE BALANCE · FREE VALVE · FREE ROTATION · FREE ROAD HAZARD**

**ALL SEASON LIGHT TRUCK TIRTS**

## ALL SEASON LIGHT TRUCK TIRES



FREE!!

- MOUNTING
- BALANCING
- VALVE STEMS
- ROTATION
- ROAD HAZARD\*

RAISED OUTLINE WHITE LETTERS	*SPECIAL PURCHASE ALL SEASON	PREMIUM ALL SEASON
P205/75R14/4	\$ 59	\$ 71
P235/75R15/4	71	83
LT235/75R15/6	85	103
30x9.50R15/6	88	105
31x10.50R15/6	96	114
33x12.50R15/6	98	133
<b>BLACKWALL</b>	—	—
LT215/85R16/8	—	109
LT235/85R16/10	99	119
LT245/75R16/10	—	120
LT265/75R16/6	104	120
8.75R16.5/8	—	111

\* RET TAX  
TREAD MAY VARY

**GENERAL TIRE**  **ORIGINAL EQUIPMENT SPECIALS**

P205/65R15	AMERI*G4S	BLK	\$ 65	P235/75R15 XL	AMERI*WAY XT	OWL	\$72
P215/75R15	AMERI*TECH ST	OWL	65	LT225/75R16/6	AMERI*550 A/S	BLK	93
P235/75R15 XL	AMERI*WAY XT	BLK	69	LT245/75R16/10	AMERI*550 A/S	BLK	111

## FLUSH & FILL

**\$39.<sup>95</sup>**

- Flush & Fill Radiator
- Inspect Belts
- Inspect Hoses
- Inspect Radiator
- Inspect Water Pump
- Includes up to 1 Gallon Antifreeze

NOT VALID WITH OTHER COUPONS

## BRAKE SERVICE

**\$59.<sup>95</sup>**

- Install New Front Disc Pads
- Bleed Lines
- Resurface Rotors
- Repack Wheel Bearings
- Inspect Calipers
- Road Test

SEMI-METALLIC SERVICE EXTRA

NOT VALID WITH OTHER COUPONS

MOORE CANALS LIGHTS REDUCES

**LUBE • OIL • FILTER**

**\$15.<sup>95</sup>**

- Drain Oil
- Change Filter
- Lube Doors
- Top Off Fluids
- Inspect Belts and Hoses
- Includes up to 5 qts 10W30 Oil

MOST CARS & LIGHT TRUCKS

NOT VALID WITH OTHER COUPONS

## ALIGNMENT

**\$29.<sup>95</sup> \$39.<sup>95</sup> \$49.<sup>95</sup>**  
TWO WHEEL THRUST ANGLE FOUR WHEEL

Free Suspension Inspection with purchase of alignment. Precision align front or rear wheel caster/camber and toe-in (on cars with adjustable suspension). Computerized wheel alignment. Rear wheel shims extra.

**MOST CARS & LIGHT TRUCKS  
NOT VALID WITH OTHER COUPONS**

## SHOCKS

**STRUTS \$99.00**  
**INSTALLED**  
4 HEAVY DUTY GAS-CUSHIONED SHOCKS  
MOST CARS & LIGHT TRUCKS \*NOT VALID WITH OTHER COUPONS

---

**STRUTS \$139.95**  
**INSTALLED (AND UP)**  
MOST CARS & LIGHT TRUCKS \*NOT VALID WITH OTHER COUPONS

## ROTATE &

**BALANCE  
4 WHEELS  
\$19.95**

CUSTOM WHEELS EXTRA  
MOST CARS & LIGHT TRUCKS  
APPLY TO 1988-1994 CARS, TRUCKS

**HOURS:**  
MON-FRI. 8-6 pm  
SAT. 9-4 pm

# FIRST CHOICE TIRE CO.

3825 PONTOON RD. • PONTOON BEACH

**931-3201**

**JIM WILLIAMS**  
**OWNER**

**BILL FALLIS** - Align  
**JOE PATES** - Mech

## SERVING THE PONTOON

**GRANITE CITY  
AREA SINCE 1979**